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The Press



Locally Owned & Operated



Vol. 12 - Issue 9 | Tuesday, February 28, 2023

Less than five percent of dog owners know what to do if their dog is choking. Do you?

By Serena Lapointe

According to several statistics gathering sites, including statista.com, 7.9 million dogs reside in Canada. That works out to roughly 35 percent of the households in the country. Yet, only five percent of Canadians know how to do CPR on their dogs, and even less than that know what to do if their dog suddenly starts to choke.

Jenn Burgoyne is a certified trainer with K9 Health Canada. This weekend she is bringing her wealth of knowledge to Whitecourt to teach dog owners how to handle emergencies. As a recently retired RCMP officer, Burgoyne has years of experience working with

continued on page 4



Many Whitecourt residents are dog owners. In the case of a medical emergency, most would not know how to help their pet outside of getting to the vet as quickly as possible. K9 Health Canada courses empower residents to become their dog's first responder, increasing the chance of survival when seconds matter most. Pictured is K9 Health Canada trainer Jenn Burgoyne.

## "Without the fans, there is no organization." Wolverines celebrate their fans with appreciation night

By Serena Lapointe

The Whitecourt Wolverines celebrated their fans Saturday night during their home game against the Bonnyville Pontiacs. The annual Fan Appreciation Night featured giveaways, an autograph session, and some free grub. The evening also included a free draw for two tickets to an Edmonton Oilers game on March 14 against the Ottawa Senators, donated by Primerica.

Stacy Crossland, the Wolverine's Game Day and Event Coordinator, said there isn't an or-

ganization without the fans. "During COVID, we found out what it was like to play in front of nobody, and it's nothing like having fans in the building. They lift our guys so much. They bring in so much atmosphere. You can hear them. It's loud tonight, and that's what they love to hear. The players love it when it's loud in here. It boosts their play."

Crossland said they had various gift cards from different sponsors to give away. During the mid-period pause, she asked young fans to find her.

With hockey card packs in hand, ready to give out, Crossland was overtaken by eager fans as they reached out to receive a prize. "It's so fun. We let minor hockey kids in for five bucks if they were wearing their jerseys."

Crossland said it was about saying thank you. "We just wanted to say thank you to our fans for supporting us and for coming back after COVID and boosting our team this year. It's awesome to see full stands. We've had a

continued on page 4



A three-way fight to the puck.

On Saturday, the Whitecourt Wolverines served up some love for their fans for Fan Appreciation Night. A large crowd of over 700 people took in the match-up between the Bonnyville Pontiacs and their hometown Wolverines.



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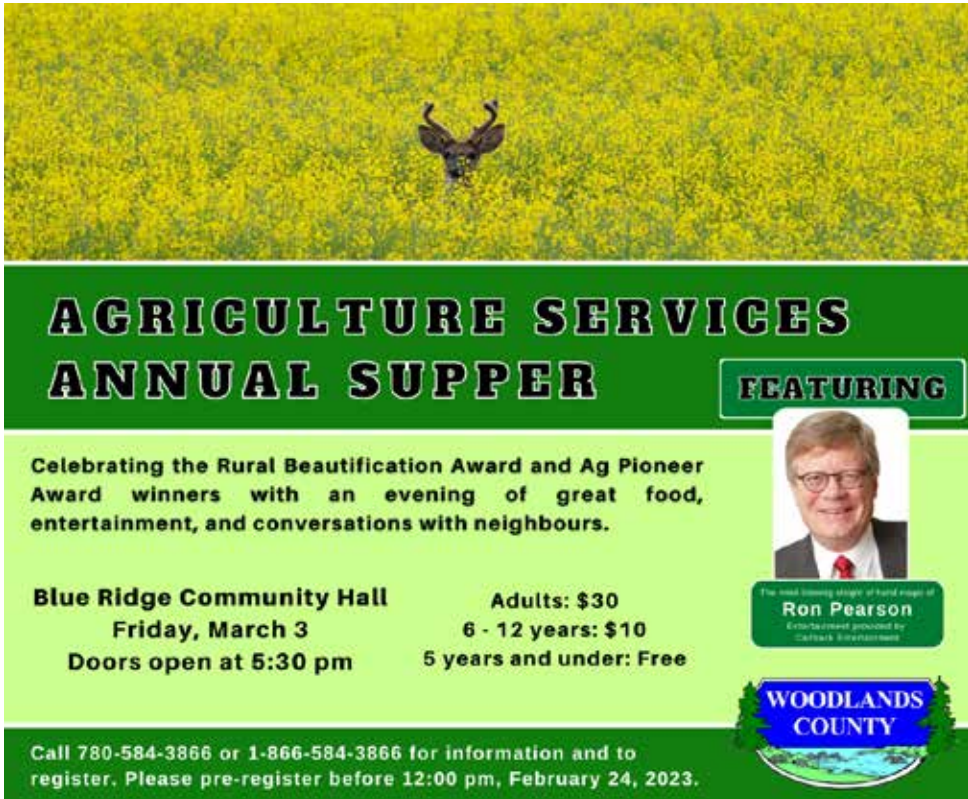
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## Creating ROOTS by giving children tools of resiliency, confidence, and healthy relationships



*Teaching children how to regulate their emotions and handle stressful situations is the goal of a local program offered through the Whitecourt Family Violence Initiative. Children who have experienced family violence, be it from others or themselves, learn how to build confidence and resiliency by using stress reduction strategies and emotional understanding. Pictured is Lynden Schwindt, FVI Liaison.*

By Serena Lapointe

A program targeted at helping children who have experienced or witnessed family violence or anger-related issues is starting this week. The Roots Program is provided by the Whitecourt Family Violence Initiative (FVI) and occurs several times yearly. The program is split into three age categories and runs in a group setting. The age categories are 8-12, 13-14, and 15-17.

Lynden Schwindt, Whitecourt Family Violence Liaison, said the program is for children with various experiences. "It can be anything from actual physical violence to lots of yelling and screaming and maybe things getting thrown around and maybe getting broken. There's a spectrum of situations where a child may be appropriate for the program."

The program is free for the community and provides a non-judgmental and confidential intake. "If transportation is needed, we offer that as we don't want there to be any barriers," explained Schwindt. The goal is to help children regulate their emotions and handle stressful situations differently. "What we see is what we do, so we want to give an alternative to managing emotions when things are tense."

Building resiliency and

continued on page 7



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The Board of Directors and the members of the Whitecourt Curling Club would like to extend their thanks and gratitude to Greg and Nick for their support of community sport and quality of life for the residents of Whitecourt.

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## Wolverines continued from page 1

few nights with 700-800 people this year, and it's been great to see. We want to keep boosting that up and getting more season ticket holders. It's awesome to see everyone here tonight. We love it when it's loud in here."

The Whitecourt Wolverines played in front of 735 fans on Saturday night. It was the season's

final regular season home game, with playoffs starting in early March. Four seconds away from the mid-way mark of the first period, Wolverine Colby Browne pocketed his 23 goal of the season, assisted by Tanner Klimpke and Spencer Rheume. It was the only goal of the period. Outside of one penalty to Bonnyville, the first period was uneventful.

In the second period, Bonnyville found their way onto the scoreboard twice, in quick succession, taking the lead from the Wolverines. There were six penalties, with each team sitting for three. With only fifteen seconds left in the period, Chase Broda found the back of the net. His twenty-first of the season was unassisted and came at the perfect moment.

At the whistle to end the period, Wolverine Caleb MacDonald and Pontiac Mike Cataldo got into a tussle, ending with both being served up a 10-minute misconduct.

In the third period, the Wolverines had some work to do. Knotted at two a piece, they had to find a way to get back the lead. Bonnyville added to their side of the scoreboard very quickly into

the period, retaking the lead, 3-2. The Wolverines fought valiantly but try as they might, they couldn't get anything past the Pontiacs netminder. Two more goals came from the Pontiacs, including an empty netter. The final score from the Scott Safety Centre was 5-2 for Bonnyville, a true heartbreaker for the hometown crowd.

The Wolverines have three more regular sea-

son games to go before the playoffs begin. They play Grande Prairie on Tuesday, February 28, and have a doubleheader in Fort McMurray on Saturday, March 4 and March 5. Fans won't get to see the Wolverines on the ice until playoffs. The team hopes to see a packed barn when the time comes. Game dates and contenders will be named soon.



**Michael Lovsin might be halfway in the net, but his eyes remained fixated on the puck.**



**Beep! Beep! I'm coming through.**



**A busy center ice.**



**It takes guts to lay down in front of a player lining up a shot.**



**Stacy Crossland handing out hockey cards.**



**Komzak and Lovsin pushing up the ice.**

## Dog choking continued from page 1

dogs and horses and has trained law enforcement and the general public.

Kiss My Mutt Grooming, and Doggy Day-care is hosting the event, and spots are still up for grabs. "K9 Health Canada is an organization that has put together a series of first aid programs related to dogs. There's a kid's program. There's the K9 CPR and Emergency First Aid program which is the one we are offering in Whitecourt. There's also a working K9 program that is taught to police agencies or search and rescue, handlers, basically, anybody who has a working K9," explained Burgoyne.

K9 Health Canada is overseen by a board that includes five veterinarians. "We are the only first aid program in Canada with a board of veteri-

narians that oversee the content of our programs. As practices change or research comes out with better practices and more information on things, our board does an update on our programs, and all our instructors get the content. So, our clients are getting the most up-to-date information in the industry."

The K9 CPR and Emergency First Aid program offered in Whitecourt can be the difference between life and death, and Burgoyne hopes to see a big crowd of owners out to learn. She will teach about choking, bleeding or puncture wounds, animal attacks, porcupine quills, and preventatives such as proper nutrition, exercise, rest, grooming and dental care.

"We will also be talking about toxins and the different types our dogs can get into in our households or the environment and

the signs and symptoms they might come across," explained Burgoyne. One big topic that she will cover is bloat. "Unfortunately, bloat is one where if people do not act quickly, their dogs usually won't make it through the night. It's something we want people to be able to recognize."

The program will run from 10 am until roughly 5 pm on March 4 and include a combination of lecture and hands-on learning. "We utilize stuffed animals for people to practice on when we do CPR because we don't want people pushing on our live dogs. We bring live dogs with us for the courses so that people can practice bandaging techniques on their legs, paws and heads, like trying to cover an eye or an ear injury," explained Burgoyne.

Participants will also learn how to take vital

signs of their dogs. They will learn how to determine their dog's heart rate, temperature, and breathing rates. "They will learn to know if they are dehydrated by looking at their capillary refills, which is a big indication for shock, a silent killer with dogs. Sometimes shock will set in, and it will actually be what kills someone's dog before the injury they were dealing with does."

Burgoyne said the course isn't meant to negate the need for a veterinarian visit but rather buy more time in an emergency where time is of the essence. "We still want people to take their dogs to the vet. It's more that you are providing that first available treatment or that first response while you are getting yourself to the professional help that you need. "We get people who come into our classes because a

friend had an emergency with a dog, or they've had their own emergency with their dog. It's kind of an aftermath where now they know they need this information."

Do you know what to do if your dog is having a seizure? A friend of Burgoyne's recently called her seeking help. "I told her that she would have to get to the vet but that, in the meantime, they needed to stay away from the dog. When dogs come out of having a seizure, they are typically in fight or flight mode. We often want to get in there and help them, but if we are too close, and they come out of it and are in that fear state, there is a high chance of getting bit. It's because our dog is scared and doesn't know what's going on, and they see us, and that's the first thing they do."

Through conversation about her dog's visible

symptoms, Burgoyne identified that her friend's dog wasn't having a seizure. It was a poisoning issue; the bloodwork showed it came from mould. The dog had likely gotten into rotten garbage and eaten something that ultimately caused the emergency. "You just never know. If you take these courses and know what you're looking for, you can catch things faster. The faster you intervene, the less damage is usually done to your dog."

Residents interested in taking Saturday's K9 CPR and Emergency First Aid course can visit [www.southernabk9firstaid.ca](http://www.southernabk9firstaid.ca) for online booking and payment. Participants will receive a 130+ page manual on the information learned in the class, a wallet-sized vitals card for quick, on-the-go reference, and a certificate of completion.





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in Canada **1-800-668-6868** (Online or on the Phone). First Nations and Inuit Hope for Wellness 24/7 Help Line **1-855-242-3310**  
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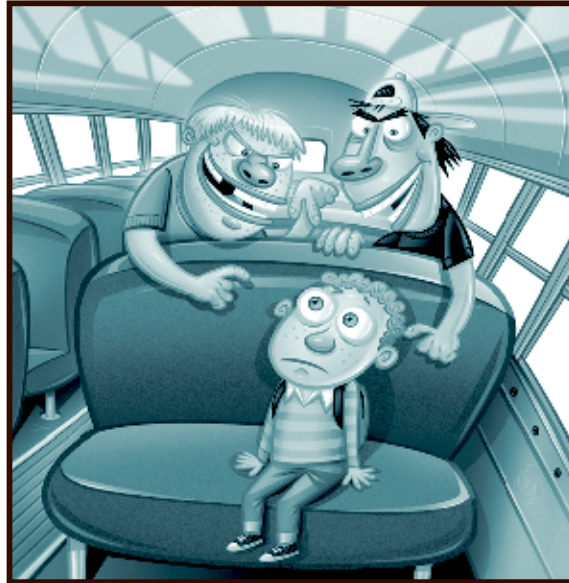


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### Responsibilities:

- Greet customers
- Receive and process payments by cash, cheque, credit card, or automatic debit
- Provide information to customers
- Calculate foreign currency exchange
- Calculate total payments received at end of work shift and reconcile with total sales
- Verify the age of customers when selling lottery tickets, alcohol or tobacco products
- Operate cash register
- Process money, cheques, and credit/debit card payments
- Scan Items
- Tabulate total payment for goods or services required
- Receive payment for goods or services
- Calculate daily/shift payments received and reconcile them with total sales
- Suggestive selling
- Provide excellent customer service
- Assist customers with self-service items
- Participate in promotional activities

### Qualifications:

- Some secondary school education is usually required. High school graduation may be required by some employers.
- Eligibility for bonding may be required.
- A casino gaming license may be required for cashiers working in gambling casinos.
- Must be able to complete Smart training courses
- Must be able to complete AML

**Experience:** 2 – 3 years, or we will train.

**Education:** Some post-secondary, high school may require.

**Terms of Employment:** Permanent full-time 40-hour work week.

**Language:** English

**Employment Conditions:** Shift work, Day, Evenings, Weekends, Holidays, Nights.

**Wage:** \$15.00 per hour.

**Benefits Package:** Vision, Dental, Health after 90-day probation period.

**Location:** Twp.Rd.602A, Hwy 32 North, Whitecourt, AB Canada.

**Address:** Eagle River Casino & Travel Plaza P.O Box 10 Whitecourt, Alberta Canada T7S-1N3

**Contact:** 780-779-2727 or Fax 780-706-7451

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*Kids just want to have fun, and so do mascots! Wolverines mascot Slash was running around the arena on Saturday night, giving high fives and playing with the littlest fans in attendance. With it being Minor Hockey Night, there were tons of young hockey players in the building, making for a busy night for Slash. In the first intermission, we caught up with Slash in the hockey play zone as he played a little floor hockey with this group of young stars-in-the-making. Slash the Wolverine is a big hit whenever he makes an appearance. Sticks up, fans!*



## Eagle River Casino & Travel Plaza Now Hiring Casino Shift Manager NOC 62022

### Responsibilities:

- Co-ordinate, assign and review the work of casino workers
- Establish work schedules and procedures and co-ordinate activities with other work units or departments
- Resolve work-related problems and prepare and submit progress and other reports
- Hire and train staff in job duties, safety procedures, and company policies
- Requisition of supplies and materials
- Ensure smooth operation of computer systems, equipment, and machinery, and arrange for maintenance and repair work
- May perform the same duties as workers supervised
- Perform the same duties as workers supervised
- Assist clients/guests with special needs
- Co-ordinate, assign and review work
- Ensure smooth operation of computer systems, equipment, and machinery, and arrange for maintenance and repair work
- Establish work schedules and procedures and co-ordinate activities with other work units or departments
- Hire and train staff in job duties, safety procedures, and company policies
- Requisition materials and supplies
- Resolve work-related problems and prepare and submit progress and other reports.

### Qualifications:

- Completion of secondary school is usually required.
- Completion of college courses related to the area supervised may be required.
- Experience in the occupation supervised is usually required.
- AGLC casino gaming license will be required.
- Must be able complete Smart training courses
- AML certificate

**Experience:** 3 – 5 years.

**Education:** Completion of secondary school is required, casino gaming license.

**Terms of Employment:** Permanent full-time 44-hour work week.

**Language:** English

**Employment Conditions:** Shift work, Day, Evenings, Weekends, Holidays, Nights.

**Wage:** \$23.08 per hour.

**Benefits Package:** Vision, Dental, and Health after a 90-day probation period.

**Location:** Twp.Rd.602A, Hwy 32 North, Whitecourt, AB Canada.

**Address:** Eagle River Casino & Travel Plaza P.O Box 10 Whitecourt, Alberta Canada T7S-1N3.

**Contact:** 780-779-2727 or Fax 780-706-7451

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continued from page 1

self-confidence go hand in hand with the program too. Schwindt said that over the years of running the program, they received feedback showing children used what they've learned. "We've gotten great feedback over the years about children implementing their emotional regulation skills with themselves and even teaching peers when they see a classmate having dysregulation."

The first class of the six-week program started this week. "We are still accepting intakes, and we do offer the program a few times throughout the year. If this is something a parent maybe wants to think on for a little bit, they do have that opportunity. They can call and do an intake assessment anytime throughout the year," explained Schwindt.

One of the most significant components of the program is teaching children about mindfulness. Schwindt said they use it because it is a natural stress reduction tool. "When we are in a heightened state, it's hard to think logically. We just have the emotional brain going on." She said they use several mindfulness techniques, including the 5-4-3-2-1 strategy. "What are five things you can see? What are four things you can touch? What are three things you can hear?" The final ones are two things you can smell and one thing you can taste.

"We also have some breathing techniques that we will practice with the kids. Those have proven to be pretty helpful with regulating emotions," explained Schwindt. Talking about emotions and their origin is another big part of regulating. "We talk about where we feel the emotions in our body because once we can identify it, we can also identify what things

make us have bigger emotions. When we are prepared for a triggering event, we are better equipped with our responses."

Schwindt said the violence, whether witnessed by the child in the family home or done by the child, doesn't have to be recent. She said it could be from past experiences. If parents feel that learning these tools would be beneficial to their child's development, then the program is there for them to take. "We do three to five sessions per year, and in each session, it's an average of five to ten children."

Schwindt said that everyone deals with stress daily and that people's reaction to it often determines the outcomes. "Sometimes there are consequences for inappropriate responses to stress. If we learn these tools in our childhood, early adulthood, we (can) have a greater success because we have the skills to implement them and that can carry through along the life span."

The weekday sessions, if not manageable now, are easily accessible the next time the program runs. "I don't want to deter people from calling in once they find out we've started (the current session). We offer this throughout the year, so definitely call anytime to determine your next entry point into the program."

Schwindt said they would accommodate a child entering the program mid-session if necessary. "We know how important the program is to families. Family violence is never ok, and unfortunately, it does happen. We want the best outcome for the kid—does so that they don't have a life where they perpetuate an unhealthy cycle for themselves or others." For more information, parents and caregivers can call 780-778-6300.



## Eagle River Casino & Travel Plaza

### Now Hiring Executive Chef NOC 6321

#### Responsibilities:

- Plan and direct food preparation and cooking banquets and specialty functions.
- Plan menus and ensure food meets quality standards
- Estimate food requirements and may estimate food and labour costs
- Supervise activities of sous-chefs, specialist chefs, cooks
- Arrange for equipment purchases and repairs
- Recruit and hire staff
- May prepare and cook food on a regular basis or for special guests or functions.
- Demonstrate new cooking techniques for and new equipment to the cooking staff
- Prepare and cook complete meals or specialty food, such as pastries, sauces, soups, salads, vegetables, meats, poultry, and fish dishes. Create and decorate food displays for special events such as banquets.
- Instruct cooks in the preparation, cooking garnishing, and presentation of food.
- Maintain records of food costs, consumption, sales, and inventory
- Analyze operating costs and other data

#### Qualification:

- Post Secondary diploma in Business Management, Culinary Arts, or Hospitality
- 3-5 years of supervisory or management experience in the Hospitality or Restaurant industry.
- Ability to provide leadership and communicate with all staff members.
- Ability to compute basic mathematical calculations.
- Knowledge of proper sanitation procedures and food safety guidelines.
- Understanding of food handling and sanitation standards.
- Understanding of restaurant operational procedures.
- Effective decision-making skills.
- Ability to acquire and maintain relationships e.g., associates, customers, and vendors.
- Positive communication and interpersonal skills.
- Positive attitude and a consistent display of professionalism.
- Innovative, detail-oriented, and quality conscious.
- Ability to endure abundant physical movements in carrying out job duties.
- Demonstrated ability to lead and direct a team.
- Ability to respond quickly in a dynamic and changing environment
- Knowledge of cost analysis, fiscal management, and budgeting techniques as an asset

**Education:** Post-secondary in business management, Culinary Arts or Hospitality

**Experience:** 5 years or more

**Terms of Employment:** Permanent full-time, 44-hour work week

**Language:** English

**Employment Conditions:** Shift work, Day, Evenings, Weekends, Holidays, Nights.

**Wage:** \$70,000 per year.

**Benefits Package:** Vision, Dental, and Health, After a 90-day probation period

**Location:** Twp.Rd, 602A, Hwy 32 North, Whitecourt, Alberta

**Address:** Eagle River Casino & Travel Plaza P.O Box 10 Whitecourt, Alberta T7S 1N3

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## Eagle River Casino & Travel Plaza

### Now Hiring Security Guard Supervisor NOC 62029

#### Responsibilities:

- Co-ordinate, assign and review the work of security guards and other service workers not elsewhere classified
- Establish work schedules and procedures and co-ordinate activities with other work units or departments
- Resolve work-related problems and prepare and submit progress and other reports
- Hire and train staff in job duties, safety procedures, and company policies
- Requisition of supplies and materials
- Ensure smooth operation of computer systems, equipment, and machinery, and arrange for maintenance and repair work
- Monitor quality and production levels
- May perform the same duties as workers supervised.
- Arrange for maintenance and repair work
- Assist clients/guests with special needs
- Co-ordinate activities with other work units or departments
- Ensure smooth operation of computer equipment and machinery
- Establish work schedules and procedures
- Handle emergency situations
- Monitor quality and production levels
- Prepare and submit progress and other reports
- Requisition or order materials, equipment, and supplies
- Resolve work-related problems
- Supervise the operation of mechanical equipment and machinery
- Supervise, co-ordinate and schedule (and possibly review) activities of workers
- Train staff/workers in job duties, safety procedures, and company policies.

#### Qualifications:

- Completion of college courses related to the area supervised may be required.
- Experience in the occupation supervised is usually required.
- Certification or licensing AGLC.
- Must be able to complete Smart training course
- Must have a valid driver's license class 5
- Must be able to complete AML.

**Experience:** 2 – 3 years.

**Education:** Completion of secondary school an asset.

**Terms of Employment:** Permanent full-time 44-hour work week.

**Language:** English

**Employment Conditions:** Shift work, Day, Evenings, Weekends, Holidays, Nights.

**Wage:** \$20.77 per hour.

**Benefits Package:** Vision, Dental, Health after 90-day probation period.

**Location:** Twp.Rd.602A, Hwy 32 North, Whitecourt, AB Canada.

**Address:** Eagle River Casino & Travel Plaza P.O Box 10 Whitecourt, Alberta Canada T7S-1N3

**Contact:** 780-779-2727 or Fax 780-706-7451

**Visit our Website:** [www.eaglerivercasino.ca](http://www.eaglerivercasino.ca)

**How to Apply:** Send resume to [HR@eaglerivercasino.ca](mailto:HR@eaglerivercasino.ca), mail or fax

## EMPLOYMENT OPPORTUNITY

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If you enjoy a fast-paced, progressive work environment and you have a passion for serving the local community- then this may be the opportunity for you! We believe that our values of diversity, collaboration, innovation and mutual respect bring out the best in our team, and we are currently looking to fill the following positions:

- Job#:** 23-010, Custodian, Casual Position
- Job#:** 23-011, Parks and Open Spaces Operator (Gardener), Permanent, Full-time Position

Please visit [www.whitecourt.ca](http://www.whitecourt.ca) for all employment opportunities and details on how to apply.





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Send your letters, comments or story ideas to...

**Valerie Winger at 780.706.1858 or email [wctpress@gmail.com](mailto:wctpress@gmail.com)**

## WOODLANDS COUNTY BLUE RIDGE SCHOOL DEMOLITION

MPE Engineering Ltd. (MPE), on behalf of Woodlands County, is soliciting tenders from qualified contractors to complete the demolition of the old Blue Ridge School. Tenders will be accepted on MPE's Bidding System until 2:00:00 pm local time, Thursday, March 16, 2023.

The work included in this project is located at the following address:

**117 - 2 Ave.  
Blue Ridge, AB, T0E 0B0**

Major work items are as follows:

1. Demolition of the Blue Ridge School including basement, foundation, concrete pad, and nearby shed.
2. Material and equipment for removal and disposal, including equipment in open area.
3. Fill and compact basement excavation.
4. Seeding and topsoil placement.

Tender documents will be available February 23, 2023, after 2:00:00 pm on MPE's Bidding System. A non-mandatory Pre-bid Meeting will take place on March 7th, 2023, at 1:30pm at the project location.

ELECTRONIC BID SUBMISSION ONLY, shall be received through MPE's Bidding System. You MUST register as a plan taker to download the bid documents and submit your bid through MPE's bidding system in order to be considered a compliant bidder. Bidders are invited to create a Vender Account at <https://mpe.bidsand-tenders.ca>.

Notifications will also be available on Alberta Purchasing Connection (<https://www.purchasingconnection.ca/>) and BuildWorks Canada (<https://buildworkscanada.com/>).

Woodlands County reserves the right to waive informalities in, or reject any or all tenders, or accept the Tender deemed most favourable in the interest of the County.

Tenders will be opened in public through the Bidding System.

## 2023 ANNUAL ROADSIDE CLEAN-UP CAMPAIGN

Woodlands County is seeking interested volunteer groups to conduct roadside clean-up Saturday, May 6, 2023, with Saturday, May 13, 2023, being the alternate date. The roadways within Woodlands County are as follows:

Provincial Roads	County Managed Roads
Carson-Pegasus Provincial Park Road	Flats/Trestle Road
Secondary 661 - Esso to Gravel	Horse Creek Road
Secondary 661 - Gravel to Ferry	Pride Valley Road
Secondary 658 - Goose Lake to Hwy 33	
Secondary 658 - Christmas Creek to Goose Lake	Timeu (RR45)
Secondary 658 - Christmas Creek to Hwy 43	West Mountain Road
Secondary 751 - Hwy 43 to Secondary 647	East Mountain, Tower and Cutacross Road
Secondary 647 - RR100 and Secondary 751 south to TWP560A	Old Ferry Road
Hwy 32 South to TWP 580	Old Blue Ridge Highway Pavement
Hwy 32 North for 35 KM	Westridge
	Bison
	Robison
	Schuman Lake Campground

Woodlands County will donate \$100 per kilometer (includes both sides) of roadway cleaned.

Volunteer groups will be covered under Woodlands County general liability insurance policy.

A mandatory training session for "Road Managers" of participating organizations will be held at the Woodlands County Municipal Office in Whitecourt and at the Woodlands County Regional Municipal Office in Fort Assiniboine on Monday, May 1, 2023, at 4:30 p.m.

Woodlands County reserves the right to assign roadway sections.

Deadline for letter of application: **Friday, April 14, 2023**

Please send an email or letter of interest, which includes your contact phone number, to:

Wilma Harris, Infrastructure Services Secretary  
Box 60, #1 Woodlands Lane  
Whitecourt, AB T7S 1N3  
Telephone: 780-778-8400, Facsimile: 780-778-8402  
e-mail: [wilma.harris@woodlands.ab.ca](mailto:wilma.harris@woodlands.ab.ca)



**JOHN BURROWS**  
Councillor for Whitecourt West  
Division 2  
E-Mail: [john.burrows@woodlands.ab.ca](mailto:john.burrows@woodlands.ab.ca)  
Phone: 780-706-4747



**BRUCE PRESTIDGE**  
Councillor for Blue Ridge  
Division 5  
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Phone: 780-779-3917



**DEVIN WILLIAMS**  
Councillor for Fort Assiniboine/  
Timeu Division 7  
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Phone: 780-305-1825



**JEREMY WILHELM**  
Councillor for  
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Phone: 780-779-6594



**DAVE KUSCH**  
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**ALAN DEANE**  
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Phone: 780-778-0894



**PETER KUELKEN**  
Councillor for Goose Lake/  
Freeman River Division 6  
E-Mail: [peter.kuelken@woodlands.ab.ca](mailto:peter.kuelken@woodlands.ab.ca)  
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**COIN SHOW and SALE** - Canada's largest. 11 & 12 March 2023, 10 am - 4:30 pm. Lions Centre 11113 - 113 Street, Edmonton. Free market evaluations. Dealers from across Canada, auctions, displays, coin striking. Family friendly. www.edmontoncoinclub.com.

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### Health

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### Notices

**GET YOUR MESSAGE SEEN ACROSS Alberta.** The Blanket Classifieds or Value Ads reach over 600,000 Alberta readers weekly. Two options starting at \$269 or \$995 to get your message out! Business changes, hiring, items for sale, cancellations, tenders, etc. People are increasingly staying home and rely on their local newspapers for information. KEEP people in the loop with our 90 Weekly Community Newspapers. Call THIS NEWSPAPER now or email classifieds@awna.com for details. 1-800-282-6903, 780-434-8746 X225. www.awna.com.

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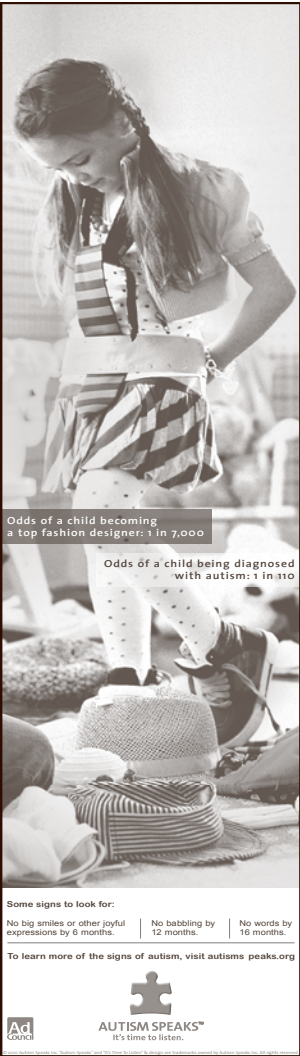
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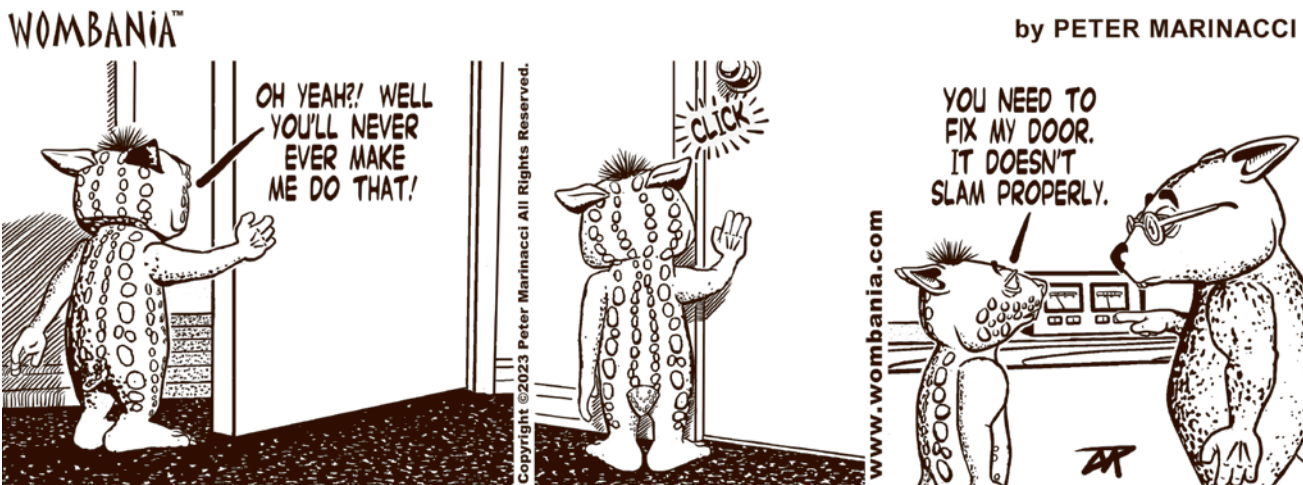
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**Talk about a temperature shock. Whitecourt residents awoke to a bone-chilling -33° last Friday morning. After several weeks of mild days and nights, the cold was almost unbearable. Given the weather fluctuations Alberta is known for, it isn't much of a surprise that the polar dip was immediately followed by mild temperatures again. Keep those extension cords handy, folks. We still have to get through the second Fool's Spring before we get to the real thing. If there's one thing to be said about the cold, it sure can be pretty. This tree stood out against a vibrant blue sky, dressed in a frosty gown thanks to the icy, North Pole-like dip on the thermometer. Let's call it pretty chilly.**

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**One Canadian Dollar = 0.73 US Dollar**  
 at an exchange rate of **0.7335** (using nominal rate).  
 Dollar Values as of February 28, 2023



**Letter to the Editor policy**  
 The Press welcomes readers to write letters to the Editor. A maximum of 300 words is preferred but not necessary. Letters must carry a first name or two initials with surname and include an address and daytime telephone number. All letters are subject to editing. Please email letters to wctpress@telus.net.

**NEED HELP? CALL ANYTIME! (24-7)**  
 Mental Health Helpline 1-877-303-2642  
 Addiction Helpline 1-866-332-2322  
 Health Link 811

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 A locally owned and family operated newspaper serving Whitecourt  
**PUBLISHED EVERY TUESDAY**  
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 Email: wctpress@telus.net  
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 The Press is printed on high quality newsprint using vegetable based ink. We encourage you to share, save, reuse, rehash & recycle.

A look at the local weather	Tue., Feb 28	Wed., March 1	Thu., March 2	Fri., March 3	Sat., March 4
P.O.P.	40%	30%	30%	20%	40%
High	-9°C	-4°C	4°C	0°C	-7°C
Low	-17°C	-6°C	-8°C	-13°C	-17°C
Wind	E 16 km/h	SE 7 km/h	W 29 km/h	W 20 km/h	E 13 km/h
24-Hr Rain / Snow	<1cm	<1cm	-	-	~1cm



# Thank You Whitecourt!

In 2022, the Whitecourt Food Bank was able to meet the growing demand of food insecurity because of the amazing support from the community. We are a community funded nonprofit and rely on the strong support of our local sponsors:

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 Emerge Hydrovac  
 Golden Arrow Bus Drivers



A special thank you from the Whitecourt Food Bank to anyone else who supported our program that was not listed above. Please accept our apologies if you were missed.

Thank you to our hard working volunteers who dare to work for free! Every little bit makes a difference!



## PUBLIC NOTICE

www.whitecourt.ca | facebook.com/TownofWhitecourt | 780-778-2273



### OPEN FOR TENDER

The Town of Whitecourt has the following project Open for Tender:

- 2023 Street Improvement Program

**Tenders Close: Wednesday, March 15, 2023 at 2:00p.m.**

A full description of the project details will be included on the Tender posting on APC. Tender Documents will only be distributed electronically in digital PDF format through Alberta Purchasing Connection (APC) <http://www.purchasingconnection.ca/>. Any inquiries for this project must be sent no later than 72-hours prior to submission deadline, and can be sent to Juan Grande at [JuanGrande@whitecourt.ca](mailto:JuanGrande@whitecourt.ca) or 780-778-2273.

### NOTICE OF DECISION

The following decisions were made by the Municipal Planning Commission:

Application 23-009: 70 Beaver Drive – Home Occupation – Hair Salon – Approved with Conditions.

Application 23-013: 5004 Dahl Drive – Optometrist Clinic – Approved with Conditions.

**Date of Decisions:** February 23, 2023

**Appeals Close at 4:00pm:** March 17, 2023

An Appeal of the above decision(s) may be made by submitting a written appeal and appeal fee (\$300) to the Office of the Secretary of the Subdivision and Development Appeal Board, Town of Whitecourt Administration Building, Box 509, Whitecourt, Alberta, T7S 1N6 prior to 4:00pm on the above noted date. Any person(s) affected by the said proposal(s), has the right to appeal prior to the above date.



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These youth are an example to their peers and the community. They show leadership at school, on their sports team, arts and culture group, or within a local business or non-profit.  
*\* Ages 10 to 24 years*

**COMMUNITY SPIRIT**  
This person makes a difference in their community through their volunteer activities and works together with others to help set up events and initiatives.

**CARING BUSINESS**  
Business champions who donate to community-focused initiatives and support their employee's dedication to helping the community  
*ie: staff volunteering as a fire fighter*

**VOLUNTEER PIONEER**  
A volunteer contributing more than 20 years. Their passion helps lead others to begin volunteering.

**WOODLANDS COUNTY**

**Contact Us**  
1-888-870-6315  
communityservices@woodlands.ab.ca  
woodlands.ab.ca/p/volunteer-recognition

Submit your Nomination by email or to one of our offices by Friday, April 7, 2023

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**Amanda Lind, CPA, CA will be in the Fox Creek office (20 Commercial Court) every Wednesday. To set up an appointment please contact our Whitecourt office.**

<b>Edmonton</b> T: 780-489-9606	<b>Lloydminster</b> T: 780-875-7433	<b>Fox Creek/Whitecourt/La Crete</b> T: 780-778-3091 T: 780-928-9525
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*The Press*

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