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Locally Owned & Operated

Vol. 13 - Issue 10 Wednesday, March 20, 2024

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Our customers have spoken, and the six most favourite meals are now available for only \$59.80 including a FREE slice of cake

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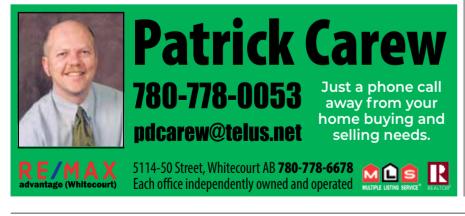
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Bright & Beautiful' quilts wowed the crowd at recent area guild show



The Bright & Beautiful Quilt Show was held earlier this month and featured over 200 quilts from the Pins & Pine Needles Quilt Guild membership. Every piece showed dedication and passion and represented hours of work by its creator. Pictured are Guild president Corey Ralph, left, with some guild members.

By Serena Lapointe

The hall at St. Joseph's Catholic Church was recently decorated with over 200 beautiful quilts, lovingly made by members of the Whitecourt Pins & Pine Needles Quilt Guild. The Bright & Beautiful Quilt Show was a sight to behold, with rows of hung quilts in every colour imaginable. The quilts came in all sizes, size and even bigger. viewing.

Displays showed various styles amongst I've seen in the time

guild members, from traditional quilting to newer age styles that break away from the norm. "There's a lot of different stuff. When I first joined the guild, everything was very traditional. If they didn't have a pattern then it didn't get made. We've done classes in improv where you take your rotary cutter and your fabric, chop it and all hanging up for full outside of their comfort zone. That's a big part of the growth that

that I've been here, that diversity," said Corey Ralph, guild president.

From a vibrantly colourful staircase quilt to a blue jean creation complete with pockets to festive projects and ones that told stories or recounted weather patterns, the show featured something for everyone. "Since I've started, my skills have gone from rank beginfrom lap quilts to king see what comes out. ner to decent interme-We are putting people diate. I'm no expert, but I absolutely love the hobby," said Tracy

continued on page 4



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Playoff action has arrived for the AJHL, and Whitecourt's Wolverines are on a roll





Whitecourt's Wolverines proved hard to beat during the regular season, and it hasn't changed so far in the playoffs, much to the delight of their fanbase.

By Serena Lapointe

Whitecourt Wolverines kicked off the first round of the AJHL Playoffs over the weekend, taking on the Camrose Kodiaks. The Wolverines finished the regular season atop the league with 73 points, seven points ahead of the second-place Lloydminster Bobcats. The Camrose Kodiaks finished the regular season in eighth place with 51 points.

With home-ice advantage in hand, the Wolverines had their home fans behind them for the first two games at JDA Place on Friday and Saturday night. The fun began early on Friday with a Tailgate Party hosted by the billet families. Brothers Diner, the Crown & Anchor, Whitecourt IGA, Candy's Cabs,

Mike & Rebecca's No Frills, Alexander Safety and Kobra Welding sponsored the pregame event.

Fans were asked to dress in black and were given free glow sticks upon entry to the arena. Throughout the game, staff tossed t-shirts into the crowd, gave away tickets, and whipped the home and visitor fans, totalling nearly 700 people, into a frenzy, making things loud inside JDA Place.

From the first few seconds of the first, it was evident that the playoffs had begun as both teams carried extra oomph in their steps and extra power behind their hits. Kaiden Wiltsie began pushing into the Kodiaks earlv. landing several big hits. Just over halfway in, Wolverine Shayne

Tibbles received a pass from Dylan Leslie, fed by Jarred Feist, which he smashed past the Camrose goalie, giving the Wolverines an early lead.

With two minutes and five seconds left in the period, an awkward shot from the right side of the Wolverines net somehow landed inside, shocking everyone, including the Kodiaks player and Wolverines goalie Lukas Renaud. There was a delayed response across the ice as fans and players alike reacted to the game being

The second period began with a powerplay for the Wolverines after a late penalty call to the Kodiaks at the end of the first. Though they

continued on page 14

BUDGET

A responsible plan for a growing province.

Investing in what northern Alberta needs.



3 new and modernized schools in Fort McMurray



Replacing Beaverlodge Municipal Hospital in Grande Prairie



Expanding Highway 881



100 additional wildland firefighters



La Crete maternity and community health centre

IF ALBERTA IS THE RICHEST **PROVINCE** IN CANADA, THEN WHY **ARE WE** SPENDING THE LEAST ON EDUCATION?*

*We bet you thought the asterisk would lead to some sort of stat that softens this embarrassing statement. Unfortunately, the truth only gets worse. The latest report on "Education Spending in Public Schools in Canada", conducted by the Fraser Institute in 2023, puts into perspective how poorly Alberta stands against the rest of our country. As much as we hate to reference the Fraser Institute, their study shows Alberta spent the least on a per-student basis for public education in all of Canada in 2020/21. To make matters worse, data shows that from 2012 to 2021 provinces like Quebec and BC have rightfully increased spending by 33% and 13%, respectively. Whereas Alberta has had a shameful decrease of 12% in spending over that same time period. When public education does not receive the proper funding, students' needs are not met. Classrooms are overfilled, diverse programs are being cut, and there is less teaching support for students with complex issues. The compounding effects of these issues have seen distraught teachers in our province leave their chosen profession altogether. It's time to right the wrongs. It's time for solutions. Tell your MLA, "Stop the excuses."

StopTheExcuses.ca



Page sponsored by



For all open career opportunities, please check out our website at albertanewsprint.com → Careers.

continued from page 1

Van Os, a guild member since 2005. "This guild has allowed me to meet different people and learn. We share our ideas and inspirations and are encouraged to do things we maybe wouldn't normally do on our own."

The March 9 showcase featured a vendor mall and refreshment area alongside the vast display of quilts in the main hall. One hundred and eighty-five member quilts were registered. One neat aspect of the guild is that its membership base isn't just from the Whitecourt area. With technological advancements since the pandemic allowing for Zoom meetings, the guild has grown, welcoming members from as far as Cochrane. "About 25 percent of our members are from Whitecourt/Mayerthorpe area, and the rest are provincial," explained Ralph.

There are members from Cochrane, Leduc, Edmonton, Onoway, Sangudo, Westlock, Mayerthorpe, Grande Prairie, and St. Albert, to name a few. "We are all drawn to this guild for the same reasons. It's a small guild, and we are pretty active in our monthly meetings. It's very different than being in the big cities where you have 300 people in your guild, and you don't know everybody," said Ralph, who lives in Edmonton and has been president for three years after joining in 2016.

Though male quilters are still the minority. the craft has jumped in popularity. In the Whitecourt guild, just over ten percent are men. For Ralph, a chance opportunity to

learn quilting while visiting his mother back home in Newfoundland in 2014, turned into an ever-growing hobby. "We had four elders in our village who were quilters, and they quilted for everyone in our little town of 300 people. One of them was concerned that the art of quilting would be lost. So, they pulled together all of the ladies my mom's age, twelve of them, and they were divided into groups of four and partnered with one of these elderly women," explained Ralph.

"So, fast forward, my mom's doing this project, and I'm home visiting her. She tells me what she's doing and shows me some of her work. She said, "I'm learning this, but I have no one to teach it to. So, I said, show me. I came home with a pattern in hand and some of the knowledge she shared with me and got addicted to it," he said. "What's really neat about our guild is that we have everyone from novice to complete expert. We like to get together and share our ideas, skills and experiences. The mandate of the guild is to create an environment where we support each other, provide educational opportunities, and build camaraderie," said Ralph.

Another significant aspect of their mandate is charity. Alongside the 185 quilts registered at the show, there were also 70 charity quilts, soon to be lovingly cuddled at one of several charity organizations in the province, including three local ones. Wellspring, Lorne's Blanket, and the ECHO Society. "The 70 charity quilts speak volumes to the generosity of the



A striking blue design.



An Indigenous quilt with a story to tell.



The vendor mall.

guild," said Ralph.

They also had quilts on display donated to Quilts of Valour, an organization that gifts quilts to veterans. On March 27, guild members will be gifting the Mayerthorpe Legion. In addition, five quilts from the Mayerthorpe 4H group vouth were in the show. Ralph said doing outreach with children is a fun way of sharing their love for quilting. Guild members work with the 4H group monthly, holding classes. He added that they would be open to working with other groups.

One of the neatest parts of the show is the community amongst the guild, shown through member-spon-

sored ribbons pinned to quilts throughout the hall. "Unlike the bigger shows where vou have an adjudicator that comes and evaluates the quilts and identifies who the winquilts to veterans from ners are, we like to do the sponsored ribbons. Any member can create a category of whatever they choose, make or donate a ribbon and a small prize, and then they get to pick who gets it."

There were forty ribbons out amongst the displays. "Those are people supporting each other without it being about missing points, colours being off, or any of that sort of thing. You get that small-town feel with that part of the show," said Ralph. "It's pretty spectacular to

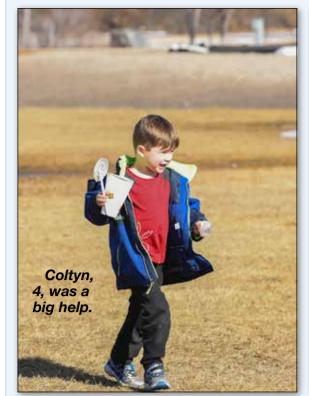


This beautiful butterfly quilt was the first place door prize.

see all the quilts up. It's humbling at the same time because everybody goes into a show with their own experiences, so when we look at someone else's work. we can get inspired by that. It can give us the energy to go back into the studio and try something different or new."

Ralph said the guild can have 40 members

at a time, and a couple of open spots remain. He encouraged anyone interested to join their public Facebook group, Whitecourt Pins & Pine Needles Quilt Guild. Van Os said no one should feel intimidated about joining. "We were all beginners once, learning to sew a straight line. We really are a community."







On Saturday afternoon, Bart Cybulski and his two young children, Breya, 8, and Coltyn, 4, were enjoying the beautiful weather at Festival Park. After playing for a bit, Breya noticed garbage scattered on the grassy area around the playground and bouncy pillow. Winds through the winter had whipped garbage around the park, which got stuck in the snow. With the snow now melting, the trash had become visible. Breya decided she wanted to do something about it and asked her dad if they could pick up the trash. With a bag in hand, the three began collecting garbage, quickly filling it up. "I really wanted to help the environment," said Breya when asked why she wanted to pick up the trash. Bart said they often visit the area. "We love this park and always come here." Big thank you to Bart, Breya and Coltyn for being so awesome!

PUBLIC HEARING RECESSED UNTIL MARCH 27, 2024

BYLAW 611/24 - ADOPTING DRAFT WOODLANDS COUNTY MUNICIPAL DEVELOPMENT PLAN

PLACE	DATE	TIME
WOODLANDS COUNTY MUNICIPAL OFFICE Council Chambers #1 Woodlands Lane, Whitecourt, AB	WEDNESDAY, MARCH 27, 2024	9:45 a.m.

Pursuant to the provisions of Section 692 of the Municipal Government Act the Council of Woodlands County is considering the adoption of Draft Woodlands County Municipal Development Plan Bylaw No. 611/24 and repealing Bylaw 406/13 Municipal Development Plan. The purpose of Draft Bylaw 611/24 is to update the current MDP document in key areas, a snapshot of the changes are as noted below:

- · Streamlined overall layout and organization of topic areas for ease of readability, and updated mapping;
- · New categorization of "Agricultural Land" and Future Subdivision potential using Farmland
- Assessment Values vs Soil Classification; · Added Objectives and Policies on Reconciliation;
- Added more context around the Environment responding to events, such as wildfire, flooding and development in more hazardous areas
- Added context around emerging industries and more robust commentary in the Economic **Development Section**;
- New add An Implementation Task Summary outlines identified objectives that require follow up, who is responsible and time frame.

Pursuant to Bylaw 557 Public Hearing Procedures (copy of the bylaw can be found on the County Website) any person wishing to file a written submission shall file that submission a minimum of 6 days prior to the date of the public hearing and will be included in the Council agenda package.

Written submissions shall be received no later than:

4:30 p.m. on March 20, 2024. Submissions may be mailed or emailed to: Woodlands County Box 60, Whitecourt AB T7S 1N3

Attention: Planning & Development/MDP Review Email: planning@woodlands.ab.ca

Or interested individuals may attend the public hearing to voice comments or concerns. Comments shall be kept to 5 minutes unless additional time is authorized by the Chair.

If interested parties have questions regarding the draft document those should be addressed prior to the public hearing. Please contact the Planning & Development Department by Telephone: 780-778-8400

A copy of Bylaw 611/24 Draft Municipal Development Plan may be viewed during regular business hours at the Woodlands County Municipal Offices in Whitecourt at #1 Woodlands Lane or Woodlands County Regional Office in Fort Assiniboine, on Hwy 33 or is available for review on Woodlands County website www.woodlands.ab.ca under Home > Services > Planning & Development > MDP Review.

ADVERTISEMENT PUBLIC SALE OF LAND WOODLANDS COUNTY

Notice is hereby given that under the provisions of the Municipal Government Act, Woodlands County will offer for sale, by public auction, at the Administration Building, Whitecourt, Alberta, on Thursday, March 28, 2024, at 2:00 p.m., the following lands:

Roll #	LINC	Title	Legal Desc
35638	0029654704	172244146	5-12-059-23-SW

Each parcel will be offered for sale, subject to a reserve bid and to the reservations and conditions contained in the existing certificate of title.

he land is being offered for sale on an "as is, where is" basis, and Woodlands County makes no representation and gives no warranty whatsoever as to the adequacy of services, soil conditions, land use districting, building and development conditions, absence or presence of environmental contamination, or the developability of subject land for any intended use by the Purchaser. The Purchaser is responsible for obtaining vacant possession.

No bid will be accepted where the bidder attempts to attach conditions precedent to the sale of any parcel. No terms and conditions of sale will be considered other than those specified by Woodlands Woodlands County may, after the public auction, become owner of any parcel of land not sold at the

Terms: 10% paid by cash or certified cheque due at the time of the auction and that balance of sale proceeds are required to be paid within 10 days after the auction. GST will apply to all properties sold at the public auction. The Purchaser will be responsible for the transfer registration fee.

Redemption may be affected by payment of all arrears of taxes and costs at any time prior to the sale.

Dated at Woodlands County, Alberta, January 31st, 2024.

Andre Bachand, Acting Chief Administrative Officer





Phone: 780-706-4747







BRUCE PRESTIDGE





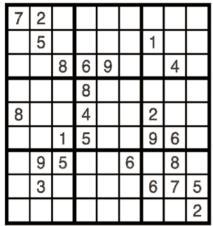




SEE SOLUTIONS PAGE 15



SUDOKU



Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Crossword Clues

CLUES ACROSS

1. Small Eurasian deer

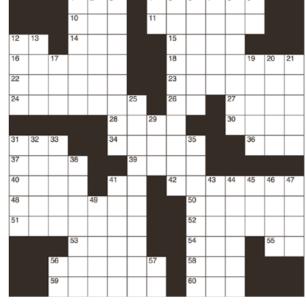
10. A major division of

- 4. Irish county
- geological time 11. Broadway actor
- Lane
- 12. Canadian province (abbr.)
- 14. Human gene
- 15. Two
- 16. A famous one is blue
- 18. Utter repeatedly 22. Ring-shaped objects
- 23. Spoils
- 24. Occurs
- 26. Commercial
- 27. Near
- 28. Products you may need
- 30. Pledge thrown down

as a challenge

- 31. TV network 34. Silk or cotton
- garments 36. Soviet Socialist
- Republics
- 37. Retired American football coach Dean
- 39. Hot dish
- 40. A type of gin
- 41. Atomic #84
- 42. Sawhorse
- 48. About ground
- 50. Medicine man 51. Seedless raisin
- 52. Capital of Albania
- 53. Appendage
- 54. OJ trial judge
- 55. By the way (abbr.)
- 56. Bicycle parts
- 58. Barbie's friend

CROSSWORDS HOROSC



59. Moved one's neck to see

60. Commercials **CLUES DOWN**

- 1. Make up for
- 2. Baltimore ballplayer
- 3. Salary
- 4. Influential world body
- 5. Engravers
- 6. Declared as fact
- 7. One who steals
- 8. Jewelry
- 9. Hospital employee (abbr.)
- 12. Nonsense (slang)
- 13. Town in Galilee
- 17. Value
- 19. A fake name 20. Sheep in their
- second year 21. Town in Surrey, England
- 25. Appropriate for a

particular time of year

- 29. Creative works
- 31. Recesses
- 32. W. Pacific island group
- 33. Tolkien character
- 35. Ancient symbol coopted by the Nazi party
- 38. Pioneer
- 41. Scribe
- 43. Painted a bright color
- 44. Lowest members of British nobility
- 45. Actress Thurman
- 46. Type of sugar
- 47. Crest of a hill 49. N. American people
- of British Columbia 56. Device
- 57. The Mount Rushmore State

ARIES

(March 21 - April 20)

Aries, this week you need to get back to business, especially if hobbies or other interests have been taking up much of your time lately. Avoid distractions at all costs.

TAURUS

(April 21 - May 21)

You may be excited about new prospects that are on the horizon, Taurus. With so much change coming, it can be exciting to see what lies in wait.

GEMINI

(May 22 - June 21)

Gemini, you may discover that you are devoting a lot of attention to others of late, sometimes cutting into your own needs. Be attentive and caring, but pay attention to your own needs as well.

CANCER

(June 22 - July 22)



Cancer, if you check the calendar lately you are bound to find a number of dates are filled. You may want to consider slowing down; otherwise, you may prematurely burnout.

(July 23 - August 23)

Leo, exercise caution so that your actions are not misinterpreted. You do not want others thinking you are doing things for the wrong reasons. Try to lighten up and be positive this week.

VIRGO

(August 24 - September 22)

Virgo, you will need to uphold your end of the bargain for the time being as others are counting on you delivering. You cannot dodge any responsibilities right now.

LIBRA

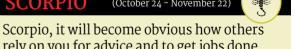
(September 23 - October 23)



Libra, over the next few days you may receive some offers from employers or entrepreneurs that seem very appealing. Before you jump into something new, do your homework.

SCORPIO

(October 24 - November 22)



rely on you for advice and to get jobs done correctly. All of that responsibility can put extra pressure on you, so take it all in stride.

SAGITTARIUS

(Nov. 23 - Dec. 21)

This week you may discover that people are flocking to you left and right, Sagittarius. You will not have trouble making new friends if

APRICORN

vou so desire.

(Dec. 22 - Jan. 20)

Capricorn, take ownership of any actions that may have put you into a strained relationship with those close to you. Admitting mistakes is the first step in mending fences.

(January 21 - February 18)

Aquarius, you may only now be getting to those resolutions you made a few months ago, but better late than never. Focus on projects around the home that will revitalize your spaces.

PISCES

(February 19 - March 20)



Physical activity can do wonders for you, Pisces. If you are feeling stressed, overwhelmed or even tired, take a walk or hit the gym for some exercise that can alleviate many symptoms.

FLOWER POWER WORD SEARCH

Z S Ε N Z U Н Z C Ε T Z Ι C Ι S ٧ В G Ι Α 0 N Ε Ε S S 0 N Ι Α S Ι G C Ι D Ε 0 N М C R D L Ι 0 T Ι 0 Т Т Z Т Ε Ι S Z D Υ Т N C Ι Т т R R Ε Ε N D Z N U Α N L Α S Т Ι Н N R W М Z C C Ι Т Ι F 0 ۷ U Α L 0 U U C N Н М Ι N Т 0 N Z Ε 0 Р U С Н Т D Ι W Н D N Z Α Ι R 0 N R R Н U т Υ 0 Ε W 0 L Т т G S D Z Ε S S С S U S N 0 Ι Ι F В 0 В Ι Υ 0 R A U Ι N D Н Υ Α Α Ρ P Ε С P S S Z F R U R G Α Α Α W С N N S Т Z F В Ι Ι Ε D D U В Н W S Υ 0 N Н Т В Α L W Α U ٧ Ι Ι Ε Т N Υ N Z Υ Ε Ε 0 N 0 G N R 0 Ε Ε D Ρ N 0 Ε D Ε Ε Ι М В D Υ G Α Ι L В 0 Ι Ε 0 R ٧ Α W Z U L Υ L Z Т Ε 0 F F Ρ Ε R R Н Υ В Ε М A Z L

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ALYSSUM ASTER AZALEA

BEGONIA CARNATION DAFFODIL DAHLIA

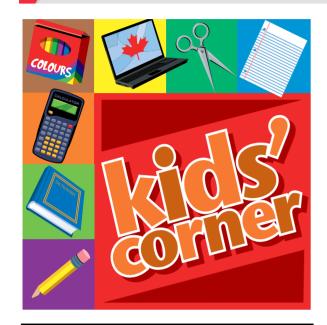
DAISY **DANDELION FLOWER** IRIS

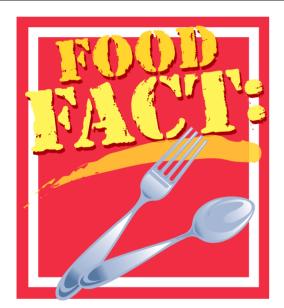
LEAVES LILY MARIGOLD **ORCHID**

PEONY PETALS POLLINATE ROSE

SNAPDRAGON STEM **TULIP** ZINNIA

NADIAN Kids Corner

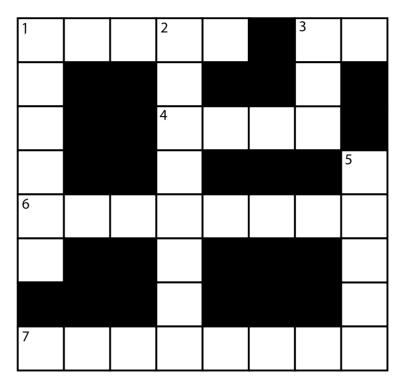




THIS PROCESS OF PRESERVING FOOD AT AN EXTREMELY LOW TEMPERATURE WITH COLD, CIRCULATING AIR CAN KEEP IT FRESH LONGER.

YN2MEK: LTY2H-FREEZING

Crossword Puzzle



ACROSS

- 1. New; not old
- 3. Internet technology (abbr.)
- 4. To seep out
- 6. The first time
- 7. They keep items frozen

DOWN

- 1. Having turned into ice
- 2. Waste produced by rotten item
- 3. Frozen water
- 5. Units or articles

1. Frozen 2. Spoilage 3. Ice 5. Items UwoU

1. Fresh 3. IT 4. Ooze 6. Earliest 7. Freezers Across :SIÐMSUY



1922

THE WORLD'S FIRST **INSULIN TREATMENT** IS MADE AT THE TORONTO GENERAL HOSPITAL. THE **TECHNIQUE WOULD** LATER WIN A NOBEL PRIZE FOR CREATORS FREDERICK BANTING AND CHARLES BEST.



PRESERVE

to maintain something in its original state



ENGLISH: Cold

SPANISH: Frío

ITALIAN: Freddo

FRENCH: Froid

GERMAN: Kalt

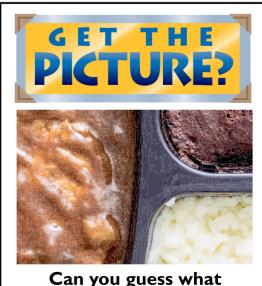


DESSERTS ARE FROZEN FOODS THAT ARE QUITE POPULAR. YOU CAN

FIND AN ENTIRE AISLE OF ICE CREAM, ICE POPS AND OTHER FROZEN TREATS AT GROCERY

STORES.





Can you guess what the bigger picture is?

ANSWER: FROZEN TV DINNER

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Supporting growth in Whitecourt since 1922, we salute our not-for-profit community.

Millar Western Forest Products Ltd. a resourceful company





Soaring Eagle Support Society

Offering support services for marginalized individuals

 Outreach worker, laundry and shower facilities by appt • Tax program & Bag Lunch Program

5027 - 51 Avenue, Open: Monday to Friday 10am - 4pm **780-396-8777**



WHITECOURT GROUP OF NARCOTICS ANONYMOUS

All meetings are in person and online (hybrid)

- Mondays 7:00pm
- Wednesdays 7:30pm

Meetings held at the Family Worship Center upstairs.

ZOOM ID: **818 413 483** PASSWORD: **gratitude**



Providing timely and easily accessible financial support for Whitecourt patients and their families who are dealing with a cancer diagnosis.

This can include help with parking costs for hospital visits, living expenses and unforeseen medical expenses. Applications can be made through the Drs at both Whitecourt Medical Clinics or (office hours, can leave a message):

Kim Nendsa (President of Whitecourt Cancer & Wellness Society) 780-778-0932 Aimee Grierson 780-262-0222

https://wctcancerwellness.com/ **Monthly meetings have been postponed due to COVID-19



Support group on Tuesdays 6:30pm - 8:30 pm, starting February 20, 2024 at Crossroads Community Church, 4419 44 Ave, Mayerthorpe. \$35 includes 12 weekly sessions.

Pre-register by calling 780-786-2533.



"Serving the community for over 30 years" The Food Bank relies on donations of cash or food in order to help families in need. Open Mon, Wed & Fri 11:00am to 2:00 pm Phone: 780-778-2341

Located within the Carlan Services Community Centre

The Whitecourt Food Bank is operated by the Town of Whitecourt Food Bank Coordinator and dependent on volunteers to operate. The Food Bank relies on donations of cash or food from individuals and organizations. Local grocery stores drop off baked goods including bread and pastries weekly. Other corporations and schools schedule food drives throughout the year.

Open: Mon, Wed, & Fri 11 a.m. to 1:00 p.m. Phone: 780-778-2341

LORNE'S BLANKET

is transitional housing for men.

We exist to help homeless men get back on their feet.

If you know of any male requiring assistance, please Call Lorne's Blanket at 780-778-0952



24/7 CRISIS LINE 780 .778.6209 1.800.467.4049



FAMILY RESOURCE & CRISIS CENTRE



@whitecourt_shelter

Shelter:

Wellspring Provides a Safe, Short Term, Supportive Residential Environment for Women With or Without Children, Fleeing Family Violence & Experiencing Crisis.

Outreach Support Program:

Ongoing Support, Advocacy, Follow-Up & Support Groups for Women, Men and Youth in Whitecourt and Surrounding

Child Support Program:

Child Care & After School Programs - Age Appropriate Programs & Support for Children Who Have Been Affected By Family Violence



Preventative Education:

Provides Workshops, Information and Awareness to Schools, Community Organizations, Agencies and Businesses

Family Resource & Crisis Centre

www.whitecourtshelter.ca

Whitecourt Alcoholics Anonymous Group



Meetings are three times each week

- 8:00 pm 9:00 pm Monday
- Wednesday 8:00 pm 9:00 pm
- Friday 8:00 pm - 9:00 pm
- New Women's AA Group on Saturdays @11 am

Located at the United Church Basement 5201 - 50 St

Please Leave a Message for AA member (780)424-5900

or Contact Addictions Helpline @1(866)332-2322

Stop bullying!



www.whitecourtpress.com

If your life is in danger or you know someone's life is in danger **DIAL EMERGENCY NOW 911!**

If you are experiencing suicidal thoughts, you need to know that you're not alone. You can also call if you are not in crisis, seeking additional information. The new Canada Suicide Prevention Service (CSPS), by Crisis Services Canada, enables callers anywhere in

Canada to access crisis support by phone, in French or English: toll-free 1-833 Available 24/7

Crisis Text Line (Powered by Kids Help Phone) Canada Wide free, 24/7 texting service is accessible immediately to youth anywhere

in Canada by texting TALK to 686868 to reach an English speaking Crisis Responder and TEXTO to 68 68 to reach a French-speaking Crisis Responder on any text/ SMS enabled cell phone.

KidsHelpPhone Ages 20 Years and Under

in Canada 1-800-668-6868 (Online or on the Phone). First Nations and Inuit Hope for Wellness 24/7 Help Line 1-855-242-3310 **Canadian Indian Residential Schools Crisis** Line 1-866-925-4419

Trans LifeLine — All Ages 1-877-330-6366

Have you been bullied, and want to share your story?

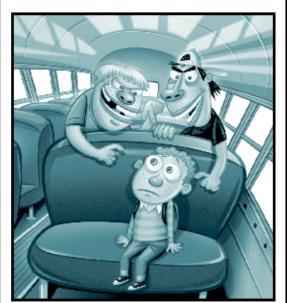
Email wctpress@telus.net All submissions remain confidential





Are you or someone you know being bullied?

Call the Bullying Helpline (Confidential)



Toll Free, open 24 hours per day, seven days per week

1-888-456-2323

Stand up! Don't be afraid of bullies!!

Putting a face on suicide



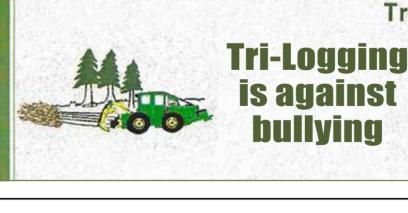
Sarah Anne Timmons

Age 23

Every 40 seconds somewhere around the world someone dies by suicide, that's 99 people every 66 minutes. Every day, that's almost 100 people in the United States alone, and over 2160 worldwide. Putting a Face on Suicide (PAFOS) is a suicide awareness project that creates posters and videos to pay tribute to those we have lost to suicide with dignity and respect. PAFOS humanizes the daunting statistics; lovingly replacing numbers with faces.

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Wednesday, March 20, 2024 Wednesday, March 20, 2024 Woodlands County Council reca

Woodlands County Council discussed the following items at their recent meeting of Council:

Mike Braun, Vice-President of the Whitecourt Mountain Bike Association, provided an update on their current programming and future plans. The Association formed in 2015 and began trail development within the Town of Whitecourt the following year. Since then, the association has developed trails and facilities according to their development plans. The Association is applying for a Community Facility Enhancement Program grant to fund the completion of their developments. Woodlands County will provide a letter of support for their grant application.

Troy Birtles, Kris Meadows, and Sean Barrett with Accurate Assessment Group (AAG) presented to Council a summary of the residential and non-residential assessment in Woodlands County. AAG compared the 2023 assessment with the prior year which showed an increase of 5% overall in assessment value.

As per the Intermunicipal Collaboration Agreement, industry partners in Woodlands County may enter into a separate third-party mutual aid agreement with the Town of Whitecourt for the usage of Whitecourt Fire Aerial Pumper (Tower 1). Woodlands County is requesting a Joint Liaison meeting with the Town of Whitecourt to discuss industrial firefighting and equipment used. A discussion on County fire service levels and mutual aid will be brought to a future Governance and Priorities meeting.

Open House, residents that live along cold mix roads were asked how much they would pay annually for a 7-year period for cold mix maintenance along their property. Woodlands County received 15 responses with seven respondents indicating \$5 - \$200 was reasonable, four indicated

\$200-\$400, three indicated \$0 - \$5, and one indicated \$1,200. A majority of respondents indicated each road should be examined individually to determine the fairest method of implementing a LoFurther information on cold mix roads and the local improvement tax will be presented at an upcoming Governance and Priorities meeting.

Access Bridgeworks Inc. was awarded the 2024 Bridge Maintenance project for a value of \$320,048. The bridge is located at Doris Creek, approx. 3km south of Timeu, and work includes partial deck repair, crack repairs, milling, pavement, abutment modifications, concrete surface finish and sealing.

The regular Council meeting on May 22,

At the 2024 Budget cal Improvement Tax. 2024, is cancelled as Council is attending a Council & Management Refresher Workshop.

Upcoming scheduled meetings:

- Governance and Priorities – Wednesday, March 20, 5:00 pm
- Regular Council -Wednesday, March 27, 9:30 am

Meetings are held in-person at the Municipal Office in Whitecourt and streamed on the Woodlands County YouTube channel. Agenda packages are available on the Woodlands County CivicWeb Portal.

PUBLIC NOTICE

www.whitecourt.ca | facebook.com/TownofWhitecourt | 780-778-2273



COMMUNITY CLEAN UP PROGRAM FUNDRAISING OPPORTUNITY

The Town of Whitecourt is seeking non-profit organizations to perform refuse pickup duties within the community, including highway ditches and boulevards. The refuse pickup schedule will run throughout April to the end of October (weather permitting). At least one group is needed for July and one group for August.

To qualify for the program, groups must provide a written request to the Town, outlining how the funds would be used, confirming dates that the group would be available to perform the work, and providing an address and phone number for two group representatives.

Please note: All those participating in clean-up activities must be 9 years of age or older. All groups awarded projects under the Community Clean-Up Program will be required to abide by all current public health guidelines. Information on protocols will be provided to groups prior to performing scheduled refuse pick up duties.

Groups must provide a minimum of 12 volunteers, with at least one adult for every two youth (aged 9 to 17 years); and must contribute a minimum of 100 person hours of clean-up work to receive payment of \$1,200.00 per group.

For further details, please contact the Infrastructure Services Department at 780-778-2705.

Written letters of application must be received at the following address by 12:00 noon on Friday, April 5:

TOWN OF WHITECOURT Re: Community Clean Up Program Application Box 509, 5004 - 52 Avenue WHITECOURT, AB T7S 1N6 Email: cathysudderdean@whitecourt.ca

WOMBANIA by PETER MARINACCI

THERE'S A LOCAL GIRL SCOUT COOKIE SHORTAGE. opyright ©2023 Peter Marir



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Alberta and NWT for \$269 (up to 25 words) \$8.00 each additional word. These ads are placed in over 100 community newspapers throughout Alberta. We can also place ads in other provinces throughout Canada



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Coming Events

WANTED FIREARMS FOR OUR 2024 AUC-TION PROGRAM: Rifles, Shotguns, Handguns, Antiques, Militaria, Collections, Estates, Single Items. For Auction, Possible Purchase: Toll-Free 1-800-694-2609, Email Us at sales@

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GET YOUR MESSAGE SEEN ACROSS Alberta. The Blanket Classifieds or Value Ads reach over 600,000 Alberta readers weekly. Two options starting at \$269 or \$799 to get your message out! Business changes, hiring, items for sale, cancellations, tenders, etc. People are increasingly staying home and rely on their local newspapers for information. KEEP people in the loop with our 90 Weekly Community Newspapers. Call THIS NEWSPAPER now email classifieds@ awna.com for details. 1-800-282-6903, 780-434-8746 X225. www. awna.com.

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printing/ commercial community publications. Selling due to retirement. No building; equipment, inventory, printing/advertising accounts inlarge/medium volving businesses/organizations. Seriously interested? Inquiries: classifieds@awna.

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1-3cm

A look at the local weather

High Low Wind 24-Hr Rain / Snow Wed., March 20 Light snow 70% -6°C -10°C E 20 km/h

Thu., March 21 Light snow 70% -6°C -11°C E 13 km/h

1-3cm

Fri., March 22 Scattered flurries 40% -6°C -12°C E 12 km/h

~1cm

60% -6°C -12°C E 16 km/h

Sat., March 23 Scattered flurries

Sun., March 24 Mainly cloudy 40% -3°C -12°C E 10 km/h





Eagle River Casino & Travel Plaza

Now Hiring Cashiers NOC 65100

Responsibilities:

- Greet customers
- Receive and process payments by cash, cheque, credit card, or automatic debit
- Provide information to customers
- Calculate foreign currency exchange
- Calculate total payments received at end of work shift and reconcile with total sales
- Verify the age of customers when selling lottery tickets, alcohol or tobacco products
- Operate cash register

Qualifications:

- Some secondary school education is usually required. High school graduation may be required by some
- employers.

Contact:

• Eligibility for bonding may be required.

- Process money, cheques, and credit/ debit card payments
- Scan Items
- Tabulate total payment for goods or services required
- Receive payment for goods or services
- Calculate daily/shift payments received and reconcile them with total sales
- Suggestive selling
- Provide excellent customer service
- Assist customers with self-service items
- Participate in promotional activities
- A casino gaming license may be required for cashiers working in gambling casinos.
- Must be able to complete Smart training courses
- Must be able to complete AML

Experience: 2-3 years, or we will train.

Education: Some post-secondary, high school may require. **Terms of Employment:** Permanent full-time 40-hour work week.

Language: English

Employment Conditions: Shift work, Day, Evenings, Weekends, Holidays, Nights.

Wage: \$15.00 per hour.

Benefits Package: Vision, Dental, Health after 90-day probation period.
Location: Twp.Rd.602A, Hwy 32 North, Whitecourt, AB Canada.
Address: Eagle River Casino & Travel Plaza P.O Box 10

Whitecourt, Alberta Canada T7S-1N3 780-779-2727 or Fax 780-706-7451

Visit our Website: www.eaglerivercasino.ca

How to Apply: Send resume to HR@eaglerivercasino.ca, mail or fax





The team's first practice against Coach Anderson's U9 team.



The first-ever all-female Edson U9 Rouge Tournament is on March 23-24. Eight female players (U9/U11) from Whitecourt Minor Hockey (WMH) and three from Fox Creek make up Whitecourt's team. The team's head coach is Teagen Halbert, a Whitecourt U18 student coach who plays for the Morinville Phillies. It's Halbert's first time with coaching duties. Jennifer Brown, who brought together the players for the team, said the girls recently practiced (pictured) and did a great job. "The girls were all pumped. Most met for the first time. We are so happy to have the Fox Creek girls join the squad to fill a team and make this happen." Brown said Jason Harper from Flint hooked the girls up with new jerseys and socks. "It made them all feel like they were a part of something special." One of the players, Quinn Wardley (U11), is playing in net for the first time, and Brown said she did a fantastic job. The girls played against WMH Coach Brandon Anderson's U9 team for their first practice as a newly formed team. "He is wonderful for helping put the scrimmage together to help the girls prepare," said Brown. Best of luck with the upcoming tournament, girls!

Whitecourt Town Council updates

National Volunteer Week begins April 14, and Whitecourt has a variety of initiatives planned to recognize local volunteers.

- Nominations will be accepted until April 8 for Whitecourt's Volunteer Awards Program that includes five different award categories. For full details on how you can nominate a local volunteer, visit the Whitecourt website.
- As a way of saying thank you to community volunteers, the You've "Bean" Great event is returning April 16 from 7-10am at both Whitecourt Tim Hortons locations. Volunteers can stop in to either Tim Hortons location to be rewarded with a free, large hot beverage.
- A Lunch and Learn event focused on volunteer recruitment and retention

will be held on April 18. Details on how to register can be found on the Whitecourt website.

Follow the Whitecourt Facebook page for further updates on Volunteer National Week event details.

Whitecourt has al-\$3,500 in located funding through the Sports Hosting Program to Whitecourt Minor Hockey to host the U18AA Provincial Championship event from March 29 to April 2, 2024. The Program provides support to community organizations hosting sporting

events in the community, which in turn has a positive impact on the local economy.

Whitecourt has proclaimed June 15, 2024 as Lemonade Day. Community Futures Yellowhead East is host- ing the 2024 Lemonade Day event that teaches youth how to start own and operate their own business – a lemonade stand. Registration to the program is open until May 15, and further information can be found online at https://lemonadedday.org/northern-alberta.

NEED HELP? CALL ANYTIME! (24-7)

Mental Health Helpline 1-877-303-2642

- Addiction Helpline 1-866-332-2322
 - Health Link 811

HELP WANTED

Tim Hortons in Whitecourt is looking to fill the following positions:

> Food Service Attendant Full Time / Shift Work

Food Service Supervisor Full Time / Shift Work

SHIFT INCENTIVE FOR OVERNIGHTS

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4216 Elko Drive Whitecourt, AB



EAGLE RIVER

Eagle River Casino & Travel Plaza

Now Hiring Human Resources Manager

Reports To: General Manager

PURPOSE

A structured Human Resources Manager role is critical to the success of the Eagle River Casino & Travel Plaza. The primary purpose of the Human Resources Manager is to provide guidance and coaching on all Human Resources matters to our property.

DUTIES AND REPONSIBILITIES

- Support departments in developing and delivering strategic HR plans that fit with the overall business direction
- Plan, monitor, and appraise HR activities by scheduling management conferences, resolving employee grievances, training managers in how to coach and discipline, and counseling employees and supervisors
- Champion the onboarding process by ensuring that it's high-quality and up to date, and provide clarity and connection

QUALIFICATIONS AND EXPERIENCE

- for employees so their roles serve the overall business vision
- · Maintain management guidelines by preparing, updating, and recommending humanresources policies and procedures
- Build strong relationships with external suppliers, fostering trust and promoting collaboration
- · Handle confidential matters with discretion
- Lead the recruiting function at the property

- A minimum of 8 years of progress human resources experience in a medium to large organization with experience leading teams and assessing human resources services
- A minimum of 2 years in a senior role in and HR department
- An affinity for the service sector is essential
- Demonstrated success in HR systems and HR Policy/Practice
- Experience of negotiation and influencing at senior management levels
- A leadership style that will incite

- enthusiasm, provide vision, create a positive morale, role model standards of professionalism
- · Excellent written and verbal communication skills are necessary to support diverse associate population
- Strong facilitation and interpersonal skills are essential
- Ability and willingness to develop presentation as required
- A track record effective human resources decision-making and an "urgency to execute" attitude is essential for the fastpaced environment

Eagle River Casino & Travel Plaza Now Hiring Casino Shift Manager NOC 62022

Responsibilities:

- · Co-ordinate, assign and review the work of casino workers
- Establish work schedules and procedures and co-ordinate activities with other work units or departments
- Resolve work-related problems and prepare and submit progress and other reports
- Hire and train staff in job duties, safety procedures, and company policies
- · Requisition of supplies and materials
- Ensure smooth operation of computer systems, equipment, and machinery, and arrange for maintenance and repair work
- May perform the same duties as workers supervised

Qualifications:

- Completion of secondary school is usually required.
- Completion of college courses related to the area supervised may be required.
- Experience in the occupation supervised is

- Perform the same duties as workers supervised
- · Assist clients/guests with special needs
- Co-ordinate, assign and review work
- · Ensure smooth operation of computer systems, equipment, and machinery, and arrange for maintenance and repair work
- · Establish work schedules and procedures and co-ordinate activities with other work units or departments
- Hire and train staff in job duties, safety procedures, and company policies
- · Requisition materials and supplies
- Resolve work-related problems and prepare and submit progress and other reports.

usually required.

- AGLC casino gaming license will be required.
- · Must be able complete Smart training courses
- AML certificate

Experience: 3-5 years.

Education: Completion of secondary school is required, casino gaming license. Permanent full-time 44-hour work week. **Terms of Employment:**

Language:

Employment Conditions: Shift work, Day, Evenings, Weekends, Holidays, Nights.

Wage:

Benefits Package: Location: Address:

\$23.08 per hour. Vision, Dental, and Health after a 90-day probation period. Twp.Rd.602A, Hwy 32 North, Whitecourt, AB Canada. Eagle River Casino & Travel Plaza P.O Box 10 Whitecourt, Alberta

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780-779-2727 or Fax 780-706-7451 **Contact:** Visit our Website: www.eaglerivercasino.ca

Send resume to HR@eaglerivercasino.ca, mail or fax. **How to Apply:**

Letter to the Editor policy

The Press welcomes readers to write letters to the Editor. A maximum of 300 words is preferred but not necessary. Letters must carry a first name or two initials with surname and include an address and daytime telephone number. All letters are subject to editing. Please email letters to wctpress@gmail.com.



Money Matters

One Canadian Dollar = 0.74 US Dollar at an exchange rate of 0.7414 (using nominal rate).



EMPLOYMENT OPPORTUNITY

If you enjoy a fast-paced, progressive work environment and you have a passion for serving the local community- then this may be the opportunity for you! We believe that our values of diversity, collaboration, innovation and mutual respect bring out the best in our team, and we are currently looking to fill the following positions:

Job#: 24-019 - Recreation Coordinator - Permanent, Full-Time Position.

Job#: 24-020 – Lifeguard and/or Instructor I – Casual Position.

Please visit www.whitecourt.ca for all





A locally owned and family operated newspaper serving Whitecourt



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Loud cheers and celebrations from happy fans.

continued from page 2 Colby Browne scored,

tried hard, and the shot clock showed it, the Wolverines couldn't get one in the net. At the halfway mark, Kyle Venneman scored an unassisted beauty to give his team back the lead, 2-1.

Aside from a pair of penalties, one to each team, following a scuffle after a whistle, there were no other goals or penalties in the period. Nearing the end of the second, the Wolverines had nearly doubled the Kodiak's shots on goal count, 29-16. The Wolverines were a hungry bunch. Big hits, hot potato passes, strong backchecks and a fierce defense had the home fans buzzing for their team.

In the third period, things got stressful. The Wolverines had chance after chance for the first eight and a half minutes but couldn't get one in. Fans wanted a cushion on the scoreboard. Being only one goal away from another tie had people on edge. Renaud was stellar in the net, making massive saves to keep his team in the lead.

At 8:42, workhorse

thanks to an awesome set-up from his teammates Kaiden Wiltsie and Kyle Venneman. But the two-goal cushion the Wolverines had created did not last long, as just three minutes later, the Kodiaks clawed back, making it a one-goal game again. Fans were fully invested at this point, cheering their team on and encouraging them to play harder than ever.

With two minutes left, the Kodiaks pulled their goalie, and the collective temperature in the arena increased as fans from both teams desperately wanted the win. The Wolverines fought to get the puck into the empty net while the Kodiaks pushed forward, wanting to tie things up again. As the final whistle blew, the Wolverines fans had gotten their wish. The sound in the arena was deafening as the Wolverines players raised their sticks high, thanking fans for their dedication. Whitecourt's team had put on quite a show. The final score was 3-2. The Wolverines had taken game



Colby Browne lining up a shot.



Sticks up after a great win.



A scramble behind the net and Dylan Leslie's got the puck!

Game two came the following night, still at home, this time in front of 580 fans. After being handed a loss the night before, the Camrose Kodiaks came out firing, scoring less than five minutes in. The first period had no penalties to speak of and just the lone goal. In the second period, the Wolverines responded early, with Braden Keeble scoring three and a half minutes in, tying things up.

With less than five minutes left, Camrose scored again, regaining their one-goal lead. Just as the period before, the second ended with the visitors sitting in the driver's seat. In the third period, Travis Verbeek got things squared away, tying the game with a powerplay marker. But it would take overtime to crown a champ. Jarred Feist, with assists from Dylan Leslie and Nathaniel Bannister, solidified the win for the Wolverines. giving them a two-game series lead. The following two games will be in Camrose on March 19 and 20. Games five and six, if needed, will

be in Whitecourt on Friday, March 22, and in Camrose on Sunday. March 24.

In other news, Joey Melo recently won Rookie of the Year for leading the league in rookie goals (22) and being second in the standings for points (43). He also set the Whitecourt Wolverines' rookie goal record this season. Head Coach Shawn Martin won his second straight AJHL Coach of the Year title. He is the Wolverines' all-time winningest coach after a great season and the Wolverines' first-ever first-place finish.

Ben Charette also received an AJHL award. He was crowned the 2023/2024 Top Goaltender, leading the league in goals against average (2.40) and save percentage (.925). His record to end the regular season was 20-9-5, including four shutouts. Last but not least. Travis Verbeek netted seventeen points in only seven games last month, landing him the Canadian Junior Hockey League's 1st Star of the Month title. That's a Canada-wide award!



Spencer Rheaume onside and ready to fire.



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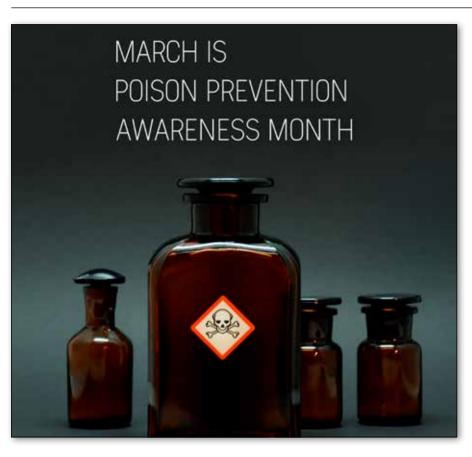
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It's Poison Prevention Week (March 17-23), and Alberta Health Services (AHS) is reminding Albertans to keep kids safe and prevent medication poisonings.

Children are curious about the world around them. If medications are within their reach, children may play with the bottle or try to taste colourful or flavoured medications. Their curiosity, smaller size and lower body weight can put them at higher risk for poisoning.

Last year, more than one in three calls to Alberta's Poison Cenwere regarding children zero to five years of age. Many of these calls involved acetaminophen and ibuprofen. While these medicines are safe when used as recommended for treating common aches, pains and fevers, they can be harmful if taken incorrectly.

There are things you can do as a parent or caregiver to help keep children safe:

When giving medication:

• Give only the amount indicated on the prescription label, or for non-prescription medication, on the medicine's label.

- Follow the schedule for your children's medication to give them the right amount of medication at the right time.
- Do not use more than one medicine containing acetaminophen or ibuprofen at the same time.
- Talk to your child's healthcare provider for additional questions about medication dosing.

When storing medication:

- Keep all medications locked up tight, out of sight and reach of chil-
- ter using it.
- Visitors may carry medications with them. Keep their coats and bags out of reach of children.
- Keep medications in their original child-resistant containers.

Other household items — such as laundry detergent pods, essential oils, hand sanitizers and toothpaste — can also be poisonous if ingested or used incorrectly. Store cannabis products, e-cigarettes, tobacco products and vitamins with the same precautions as medications.

If you are concerned that someone has been poisoned:

- Call 911 or PADIS at 1-800-332-1414.
- Visit Poison and **Drug** Information for more information.

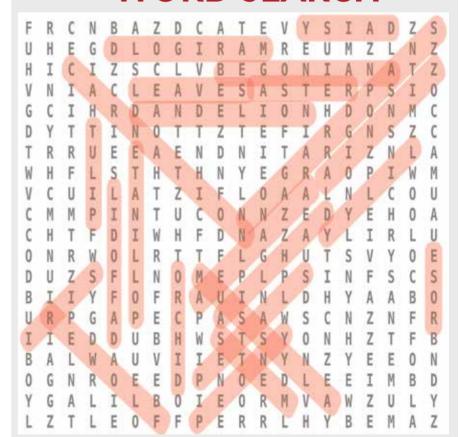
Parachute's Poison Prevention Week is an annual initiative recognized by the University of Alberta's Injury Prevention Centre, Poison and Drug Information Centre (PADIS), and community various partners.

Alberta Health Services is the provincial · Always put the health authority remedicine away af- sponsible for planning and delivering health supports and services for more than four million adults and children living in Alberta. Our mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans. Our current focus is on reducing emergency department wait times, improving Emergency Medical Services (EMS) response times, increasing access to surgeries, and improving patient flow.



PUZZLES SOLUTIONS

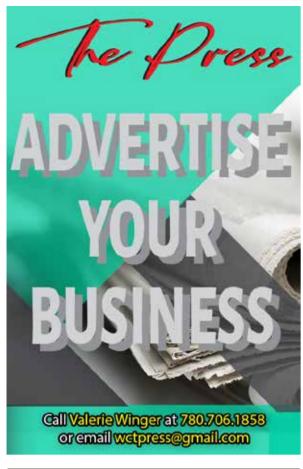
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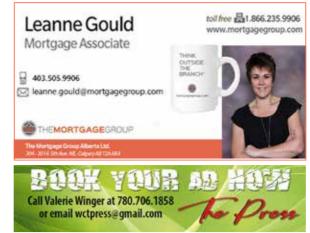


Service Inc.

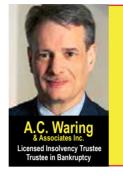
area for more than 12 years

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