

# VERHAEGHE LAW OFFICE

780-778-6644

Real Estate, Wills & Estates, Family Law, Corporate & Commercial Law

5011-51 Ave, Whitecourt, AB. T7S 1P7 info@freedomlaw.ca www.freedomlaw.ca



**Locally Owned & Operated** 

Vol. 13 - Issue 45 | Wednesday, November 6, 2024



PM Trudeau announcing a carbon tax break for heating oil last year.

Heating oil carbon tax reprieve at the heart of latest court challenge from Alberta to the feds

Ministry of Justice, announcement made led by Minister of by the federal govern-Justice and Deputy ment in October 2023,

For the last twelve ey Amery, has been ers who heat with heatmonths, the province's breaking down an ing oil, a break on the carbon tax.

Their question was,

House Leader Mick- which gave homeown- continued on page 6

# **Patrick Carew**

780-778-0053 pdcarew@telus.net

Just a phone call away from your home buying and selling needs.

SECONDARY STATES STREET, Whitecourt AB **780-778-6678**Each office independently owned and operated Each office independently owned Each office independently owned



# On the road to the Olympics

Two young sisters from Anselmo recently got the opportunity of a lifetime thanks to hard work and dedicalove. Natália Gonzales, 14 and her sister Nalani Gonzales, 12, have been Taekwondo athletes since they were toddlers. The pair call the Mayerthorpe and Whitecourt dojangs their home base and have spent countless hours training, practic-

ing, learning, and excelling. They have also worked with several sport.

One of those is Mastion in a sport they both ter Sayed Najem, a Canadian Olympic medalist from the 1992 Barcelona Olympics. where he won silver in the bantamweight division. Taekwondo was still a demonstration sport that year and officially joined the Olympic arsenal in 2000. Master Najem has also

won Pan-Am Gold and several Canadian titles.

Master Najem has different leaders in the held seminars and training events around the province over the years and has watched the girls grow in their abilities. At his request. Natália Gonzales joined him to help with his recent demonstrations. Both girls have trained with him during his past visits and consider him family. This

continued on page 2



Master Najem's seminars where she helped demonstrate.







Compassionately serving families in Whitecourt, Mayerthorpe, and surrounding communities since 1941.

WHITECOURT: 780-779-2533 | MAYERTHORPE: 780-786-2533

We will help you with:

- Personalized Ceremonies
- · Pre-arranged Funeral Plans · Monument Tributes
- Clergy / Church and Halls
- Obituary Notices
- Reception Catering /Flowers
- Grief Support
- · Assistance with CPP Applications





Two young athletes from the area were recently selected to train under an Olympic medalist. The pair hope to drum up community support as they work towards their dreams of making it to the Olympics. Pictured is Natália training.



Natália and Nalani looking up from a group hug at a competition last year.

### continued from page 1

year, though, the conchanged. versation Master Najem said he saw Olympic potential in the girls and wanted to help guide them.

"I was honoured to be told that by an Olympic medalist and someone that still has a passion for the sport and is still up to date with it," explained Natália. For Nalani, her excitement came through as only a little sister could. "I was very excited, knowing that I could get a lot better and potentially beat my sister because that's one of my goals," she laughed.

Master Najem currently lives in California, but with Whitecourt Taekwondo Master Jim Rennie's blessing, the Gonzales sisters are now training once a week with Master Thai Le from Spirit Taekwondo in Edmonton and following a strict training schedule created by their Olympic medalist coach.

Since Natália is older, Master Najem is focused on getting her to the 2028 Olympics in Los Angeles. Her schedule involves daily training, including swimming, meditation, running, sprinting and kicking drills. "From there, we do spar training and drills in Edmonton. In the next few months, he's going to see where she's at and then hopefully get her to train with an Olympic medalist in Mexico for two weeks to a month," explained her mom, Antoinette Gonzales. In the summer, depending on how things are going, Master Najem wants to see them go even further. "He is setting up a studio in California, and once it's ready, he plans on bringing Natália and Nalani down for a month-long daily training visit. Either this summer or next summer, the girls will be going to South Korea for three months to train at an all-girls university, and he wants to do the training yearly," explained Gonzales.

To prepare them and give them lots of experience, Master Najem has the girls attending three big tournaments

continued on page 3

### **DISCRETIONARY USE DEVELOPMENT PERMIT APPLICATION**

The Municipal Planning Commission will be making a decision on the following development permit application as per the Woodlands County Land Use Bylaw, at their regular meeting on Wednesday, November 20, 2024 at 5:00 p.m. at the Whitecourt Municipal Office, downstairs.

Section 19 of the Woodlands County Land Use Bylaw provides opportunity for any person who may have comments on the proposed development to deliver to the Development Officer, a written statement of their concerns indicating; their full name and address and the reasons for their comments to the proposed use.

If you have any comment or concern regarding this proposal you may provide a written statement via email to planning@woodlands.ab.ca prior to 4:30 p.m., November 13, 2024 or you may attend the meeting to voice any comments.

Comments received will be taken into consideration by the Municipal Planning Commission.

**DEVELOPMENT PERMIT APPLICATION NUMBER** 

**PROPOSAL** 

PT. NW 6-59-10-W5M Lot 6 Block 1 Plan 082-9101

peter.mckay@woodlands.ab.ca

15-054-2024

**Transport Contractor Business (Minor)** 

Information regarding this application may be obtained by inquiring prior to 4:30 pm, Nov. 13, 2024.

Peter McKay, Development Officer Attention:

**Woodlands County** Box 60, #1 Woodlands Lane, Whitecourt AB T7S 1N3

780-778-8400 Telephone: 1-888-870-6315 Toll-Free:









**BRUCE PRESTIDGE** 









# **Affinity Funeral Service**

780.778.3330

Unit #1, 4105 41 Avenue

www.affinityfuneralservice.ca



Nalani with Master Najem.

### continued from page 2

early in 2025. The Canada Open and Canadian Nationals are in Montreal in February, and the US Open will be in Nevada. The girls recently competed in Mexico for the 2024 International Torneo ITOM in Puebla, thanks to an invite by Master Jim Rennie. Both girls brought back medals, including gold. When asked if she felt overwhelmed by the path before her, Natália said no. "The more you train physically, the more mentally prepared you'll be. In the back of your mind, if you don't train physically, you know you won't do as well as you hope, and that will affect your performance.

But if you train and you put 100 percent effort into it and you still don't do amazing, then mentally you know that you gave it your all."

Natália will be 18 in 2028. "I'm willing to do whatever it takes to get there. I'm focusing on the Olympics, but I'm also enjoying the journey at the same time. Some people want the end goal but don't appreciate the journey and live in it. But I want to do both." she explained, with wisdom beyond her years.

For Nalani, the goal is the Olympics in 2032. "I have goals, and once I get to one, I'll know I'm getting better, which will drive me to the next goal, making the rest easier.

My goals are going to motivate me," said the 12-year-old. "Having someone tell you that vou can make it there. to the Olympics, means the world. I'm honestly really excited."

For their mom, having Master Najem recognize talent in her children has her over the moon. "I'm thankful that someone is taking them under their wing. As a mom, you want to see your kids be better than you can and see them reach their dreams. Knowing people out there want to help them get to that point, I am forever thankful for that."

Master Najem has built several national champions over the years, guiding them to the podium.

He has also worked in Hollywood, training Hayden Christensen as Anakin Skywalker in Star Wars II. He also fought alongside Steven Seagal in Attack Force and acted in the Wesley Snipes movie Hard Luck. He even trained Madonna. Now, he's training two grateful sisters from Anselmo with big dreams of reaching the Olympics.

Getting to national and international competitions comes with a hefty cost. "We are holding bottle drives and have bottles, buttons, t-shirts and pendants for sale. We also have sponsorship tiers for businesses," plained Gonzales, who owns a local branding company, ANND Branding.

Those wanting to support them can call 780-779-1086 or email anndbranding@gmail. com. They are also looking for items for a silent auction held on December 14.

Both girls have already gained a lot since starting the journey. Nalani has gained a best friend in Edmonton, Master Thai Le's daughter Avery, whom she sees when she trains there. Natália has gained a team she didn't know she needed. Taekwondo is typically an individual sport, but having a team to attend competitions with is a massive support system neither girl would want to be without. "I want to thank Mayerthorpe Taekwondo for starting us on this journey, and Whitecourt Taekwondo for welcoming us into this club with open arms, and Master Rennie.

Without him, none of this would be possible. I can't thank him enough," said Gonza-

With a long road ahead, both girls are determined to reach their full potential. "Nothing is impossible. It's really about how much you are willing to put into it. I didn't think it was possible to get a coach or a team, and it happened. I'm so thankful for them. I didn't think having an Olympic medalist saying you've got potential was possible. So, if that's possible, then what else is possible?"



Natália and Nalani when they first began the sport.



### **ROYAL CANADIAN MOUNTED POLICE**

### investigate a pedestrian hit and run.

On Oct. 24, 2024, at 3:30 p.m., Whitecourt RCMP responded to a report of a vehicle that failed to stop after colliding with a pedestrian at the intersection of 52 Avenue and 47 Street in the Town of Whitecourt. The 19 -year- old female pedestrian was transported to hospital by a co-worker where she was treated and later

threatening injuries. The suspect vehicle is described as:

- Newer model Ford Escape
- Gold in color.
- Male driver, approximately 16 to 18 years of age.
- Light skin, brown hair, grey shirt and wearing a hat.

Whitecourt RCMP are asking for anyone who may have witnessed the collision or may have dash cam-

Whitecourt RCMP released with nonlife era footage captured on Oct. 24, 2024 between 2:45 p.m. and 3:00 p.m. in the area of 52 Avenue and 47 Street in Whitecourt to contact the Whitecourt RCMP at 780-778-5454. If you wish to remain anonymous, you can contact Crime Stoppers 1-800-222-8477 (TIPS) online at www. P3Tips.com or by using the "P3 Tips" app available through the Apple App or Google Play Store.



### EMPLOYMENT OPPORTUNITY

If you enjoy a fast-paced, progressive work environment and you have a passion for serving the local community then this may be the opportunity for you! We believe that our values of

may be the opportunity for you! We believe that our values of diversity, collaboration, innovation and mutual respect bring out the best in our team, and we are currently looking to fill the following positions:

**Job#: 24-058**, Food Bank Coordinator, Permanent, Part-time Position.

**Job#: 24-060**, Family Violence Prevention Worker, Contract. Part-time Position.

Please visit <u>www.whitecourt.ca</u> for all employment opportunities and details on how to apply.



# We will remember them



Remembrance Day is just around the corner. Residents looking to celebrate veterans and honour those who served then and now can grab one of these signs and place it in their yard. If still available, residents can head to the Whitecourt Legion Thursday through Saturday after 2:30 pm and grab one for only twenty bucks. Funds raised through sign and poppy sales are one of the most significant ways the legion supports veterans in the area. Every dollar counts and is very much appreciated.

Whitecourt & District

FRI

Public Library

SAT

Library Hours:
Mon-Fri 10am-8pm
Sat 12pm-4pm
Sun Closed

SUN

# **NOVEMBER 2024**

### **EVENT CALENDER**

MON TUE WED

Flake
All Afterschool Programs: Free, Drop-In at th

**Snowflake** 1 All Afterschool Programs: Free, Drop-In at the Family Movie: Scavenger Hunt Afterschool Program Library, Designed for all school ages. Coco 3:30-5:30 1pm 3 5 9 Story Time No 10:30-11:30 Afterschool Program Afterschool Program Afterschool Program **Afterschool CLOSED** French Homework Help 3:30-5:30 3:30-5:30 3:30-5:30 4-5pm **Program Adult Book Club** French Conversation Scrabble Night 2:00pm-3:00pm 6:45pm-7:45pm 6.00pm-7:30pm 14 Story Time 11 CLOSED 12 13 15 10 10:30-11:30 Family Movie: Afterschool Program Afterschool Program Afterschool Program Wreck-It Ralph 2 Afterschool Program 3:30-5:30 3:30-5:30 3:30-5:30 1pm 3:30-5:30 **French Conversation** French Homework Help **Soapstone Carving** 6:45pm-7:45pm 4-5pm 1-3pm **Story Time** 17 18 19 20 22 Family Movie: 10:30-11:30 The Incredibles Afterschool Program Afterschool Program Afterschool Program Afterschool Program Afterschool Program 1pm 3:30-5:30 3:30-5:30 3:30-5:30 3:30-5:30 3:30-5:30 **Adult Art Therapy** French Homework Help 1pm 4-5pm 27 Story Time 24 25 26 29 30 10:30-11:30 Afterschool Program Family Movie Afterschool Program Afterschool Program Afterschool Program Afterschool Program 3:30-5:30 Home On the Range 3:30-5:30 3:30-5:30 3:30-5:30 3:30-5:30 1pm Crib Night French Homework Help French Conversation 6pm-7:30pm 6:45pm-7:45pm

NOTE: For more Library information check our Facebook page, or call (780) 778-2900





# This page is sponsored by:

### YOUR ONLY LOCAL CARRIER SERVING THE COMMUNITY SINCE 1950



Proud supporter of our local Organizations 780-778-2226



Supporting growth in Whitecourt since 1922, we salute our not-for-profit community.

Millar Western Forest Products Ltd. a resourceful company





### **Soaring Eagle Support Society**

Offering support services for marginalized individuals

 Outreach worker, laundry and shower facilities by appt • Tax program & Bag Lunch Program

5027 - 51 Avenue, Open: Monday to Friday 10am - 4pm **780-396-8777** 



# WHITECOURT GROUP OF NARCOTICS ANONYMOUS

All meetings are in person and online (hybrid)

- Mondays 7:00pm
- Wednesdays 7:30pm

Meetings held at the Family Worship Center upstairs. ZOOM ID: **818 413 483** PASSWORD: **gratitude** 



Providing timely and easily accessible financial support for Whitecourt patients and their families who are dealing with a cancer diagnosis.

This can include help with parking costs for hospital visits, living expenses and unforeseen medical expenses. Applications can be made through the Drs at both Whitecourt Medical Clinics or (office hours, can leave a message): Kim Nendsa (President of Whitecourt Cancer & Wellness Society) 780-778-0932 Aimee Grierson 780-262-0222

https://wctcancerwellness.com/ \*\*Monthly meetings have been postponed due to COVID-19



"Serving the community for over 30 years" The Food Bank relies on donations of cash or food in order to help families in need. Open Mon, Wed & Fri 11:00am to 2:00 pm Phone: 780-778-2341

### **Located within the Carlan Services Community Centre**

The Whitecourt Food Bank is operated by the Town of Whitecourt Food Bank Coordinator and dependent on volunteers to operate. The Food Bank relies on donations of cash or food from individuals and organizations. Local grocery stores drop off baked goods including bread and pastries weekly. Other corporations and schools schedule food drives throughout the year.

Open: Mon, Wed, & Fri 11 a.m. to 1:00 p.m. Phone: 780-778-2341

# LORNE'S BLANKET

is transitional housing for men.

We exist to help homeless men get back on their feet.

If you know of any male requiring assistance, please Call Lorne's Blanket at 780-778-0952



24/7 CRISIS LINE

780 .778.6209 1.800.467.4049

**FAMILY RESOURCE** & CRISIS CENTRE

@whitecourt shelte

### Shelter:

Wellspring Provides a Safe, Short Term, Supportive Residential Environment for Women With or Without Children, Fleeing Family Violence & Experiencing Crisis.

**Outreach Support Program:** 

Ongoing Support, Advocacy, Follow-Up & Support Groups for Women, Men and Youth in Whitecourt and Surrounding

Child Support Program:

Child Care & After School Programs - Age Appropriate Programs & Support for Children Who Have Been Affected By Family Violence

Preventative Education:

Provides Workshops, Information and Awareness to Schools, Community Organizations, Agencies and Businesses

Family Resource & Crisis Centre

www.whitecourtshelter.ca

Support group on Tuesdays 6:30pm - 8:30 pm, starting September 17, 2024 at Crossroads Community Church, 4419 44 Ave, Mayerthorpe. \$35 includes 12 weekly sessions.

Pre-register by calling 780-786-2533.

### Whitecourt Alcoholics Anonymous Group



### Meetings are three times each week

- 8:00 pm 9:00 pm Monday
- Wednesday 8:00 pm 9:00 pm
- Friday 8:00 pm - 9:00 pm

New Women's AA Group on Saturdays @11 am

Located at the United Church Basement 5201 - 50 St

Please Leave a Message for AA member (780)424-5900

or Contact Addictions Helpline @1(866)332-2322

Page sponsored by



As the colours of autumn paint our forests, we remind you to take necessary precautions to make this a safe season. From the last days of camping and hiking to the start of hunting season and the inevitable snow that follows, take a moment to make sure you and yours are best prepared.

For all open career opportunities, please check out our website at albertanewsprint.com  $\rightarrow$  Careers.



The provincial government is back in court against the federal government. After some big wins this year, including both the plastics ban and bill C-69 ruled unconstitutional, following challenges from Alberta, the province is back at it, and this time all aim is on the carbon tax. Premier Smith announcing her government's latest court challenge against feds.

### continued from page 1

is a deal on the carbon tax lawful and constitutional? Last week, Albertans found out the answer. In a press conference on Tuesday last week, Premier Danielle Smith and Minister Amery laid out the issue, explaining why they felt it was important for the province to head back to court against Ottawa.

Premier Smith said that the "punishment" of the carbon tax had, until recently, been shared equally across very least, that equal rounded off. footing gave Canadians a unified front to push back on the federal government. A sense, maybe, that we were all in it together. But a year ago, almost to the day, Ottawa announced it was exempting heating oil from the federal carbon tax for three years," she stated.

Premier Smith said she wasn't resentful of the break given to those who use heating oil but felt it put some Canadians at a disadvantage, specifically those who use anything but heating oil.

"Unfortunately, this exemption applies to practically no one outside of Eastern Canada. Less than one percent of Alberta, Saskatchewan and Manitoba use home heating oil. It's one percent in British Columbia, two percent in Ontario, four percent in Quebec, seven percent in New Brunswick, 18 percent in Newfoundland and Labrador, 32 percent in Nova Scotia and 40 percent in Prince the country. "At the Edward Island," she

Across Canada, the energy use database from Natural Resources Canada shows that about 1.2 million homes use heating oil, and the percentages listed above show that most of those residences are in the East, with nearly one in three homes in the four Atlantic provinces using it.

It's also more expensive as it can cost four times as much to generate the same amount of heat using oil versus natural gas.

When the threeyear reprieve was announced last year, PM Trudeau said it was to allow residents time to switch to heat pumps. The pumps and installation could be free or paid through an interest-free loan, income-dependent. said the savings made on electricity use would pay the loan back.

Around the same time, the Conservatives put forward a non-binding motion to remove the carbon tax from all home heating fuels, which did not pass. Liberal MPs from Atlantic Canada have supported similar motions, including Ken McDonald of Newfoundland and Labrador, who has supported previous motions to repeal the carbon tax.

"Home heating is not optional. Winter is coming again, and that means that Alberta families will again. feel the sting of the federal carbon tax as they heat their home with natural gas. Here in Alberta, we don't tend to think that more taxes are the solution for anything, let alone a tax on everything our citizens need to live and thrive in this cold climate," said Premier Smith during the press conference.

"We can debate why Ottawa made this decision. We may even have a few theories, but whatever their reasons, the outcome is blatantly unfair for people in Alberta and other parts of Canada who use natural gas and other fuels to stay warm in the winter. From where we're sitting, it looks an awful lot like one more attempt to divide our country, to reward one region and punish another."

Earlier that morning, on Tuesday, October 29, Alberta officially applied for a judicial review of the exemption in federal court. "We're asking the court to declare the exemption both unconstitutional and unlawful. We hope this will force Ottawa to recognize the burden carbon tax places on Canadians and eliminate the tax altogether," added Smith.

"According to their own communications, the exemption was intended to lower energy bills for people who use heating oil. They're saying in effect, that some Canadians deserve lower energy bills, but not all. They are also more or less admitting that the federal carbon tax raises costs for households, which confirms what we've been saying about it all along." Minister Amery said

they expected the review to take about twelve months and said they felt they had a strong case. He also said that giving a break on heating oil felt counter to the idea of the carbon tax, given it's one of the highest emitting fuels. "You would think the federal government would reward that type of use (natural gas) by providing this exemption to Albertans and Western Canada. We know that natural gas burns cleaner, is more efficient, more environmentally conscious. and it's not being recognized in any way."

Premier Smith said the break also undermines the federal government's entire argument. "The entire argument that the federal government made about why they needed to impose a federal retail carbon tax was to create fairness across the country. This clearly does not create fairness, and it exempts one of the highest-emitting fuels. I think it's pretty clear that there are certain regions in the country that are disproportionately benefiting from this."

When asked why she thought the federal government decided to offer the discount in the first place, Premier Smith said, "I certainly hope they wouldn't be playing politics with something as important as home heating in the middle of winter in Canada. But the fact of the matter is that they have brought forward an exemption that violates their own law, and we believe it violates the constitution, and we'll see if the courts agree."

# your life is in danger or you know someone's life

If you are experiencing suicidal thoughts, you need to know that you're not alone. You can also call if you are not in crisis, seeking additional information. The new Canada Suicide Prevention Service (CSPS), by Crisis Services Canada, enables callers anywhere in

Canada to access crisis support by phone, in French or English: toll-free 1-833 Available 24/7

Crisis Text Line (Powered by Kids Help Phone) Canada Wide free, 24/7 texting service is accessible immediately to youth anywhere

in Canada by texting TALK to 686868 to reach an English speaking Crisis Responder and TEXTO to 68 68 to reach a French-speaking Crisis Responder on any text/ SMS enabled cell phone. KidsHelpPhone Ages 20 Years and Under

in Canada 1-800-668-6868 (Online or on the Phone). First Nations and Inuit Hope for Wellness 24/7 Help Line 1-855-242-3310 Canadian Indian Residential Schools Crisis Line 1-866-925-4419

Trans LifeLine — All Ages 1-877-330-6366

# Have you been bullied, and want to share your story?

Email wctpress@telus.net All submissions remain confidential





Are you or someone you know being bullied?

**Call the Bullying Helpline (Confidential)** 



**Toll Free, open 24 hours** per day, seven days per week

1-888-456-2323

Stand up! Don't be afraid of bullies!!

# Putting a face on suicide

Every 40 seconds somewhere around the world someone dies by suicide, that's 99 people every 66 minutes. Every day, that's almost 100 people in the United States alone, and over 2160 worldwide. Putting a Face on Suicide (PAFOS) is a suicide awareness project that creates posters and videos to pay tribute to those we have lost to suicide with dignity and respect. PAFOS humanizes the daunting statistics; lovingly replacing numbers with faces.

### SPONSORED BY





# Tri-Logging Ltd.

Robert Brown

Owner 3507 37th Avenue Whitecourt, AB T7S 0C3

> Phone 780-778-0699 Fax 780-778-8431



- Fabrication & Modularization
- Maintenance & Turnarounds
- Insulation

Tri-Logging

bullving

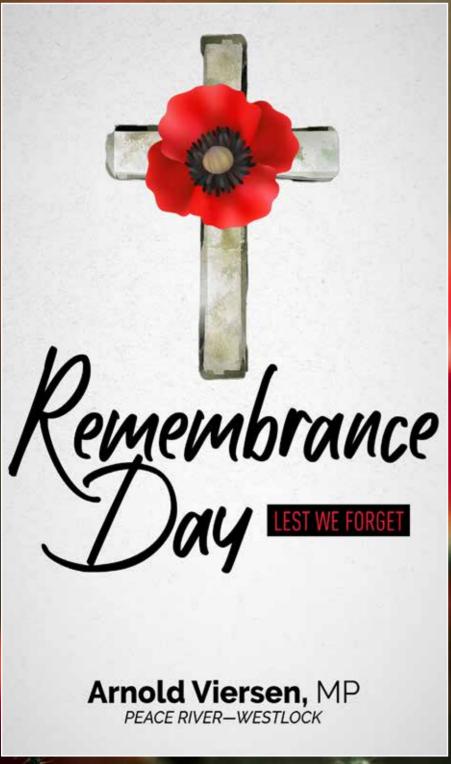
- Facility Construction
- Pipeline Integrity Digs
- 24/7 Callout Services

# Remembrance Day

Remembrance Day in Canada, observed each year on November 11th, is a day of solemn reflection and respect, honouring the sacrifices made by the men and women who have served in the armed forces. It marks the anniversary of the armistice that ended World War I in 1918. Canadians across the country pause at the eleventh hour of the eleventh day of the eleventh month to observe two minutes of silence, commemorating the bravery of those who fought in WWI, WWII, the Korean War, peacekeeping missions, and other conflicts. This moment of quiet reflection is a powerful reminder of the courage and selflessness displayed by those who have served and continue to serve in Canada's military.

Ceremonies are held in communities large and small, with gatherings at cenotaphs, war memorials, and legions. Many Canadians wear red poppies, a symbol of remembrance inspired by the famous poem \*In Flanders Fields\* by Canadian Lieutenant Colonel John Mc-Crae. Schools, veterans' organizations, and community groups often organize events to educate younger generations about the importance of remembering the past and honouring the contributions of veterans and service members. Remembrance Day not only serves to honour fallen soldiers but also emphasizes a commitment to peace, reminding Canadians of the profound cost of war and the value of freedom.











# REMEMBRANCE DAY

We give our utmost gratitude to those who have served and sacrificed so selflessly for Canada.

Toll Free / 24 hours: 1-877-426-0050

www.parkmemorial.com



Park Memorial





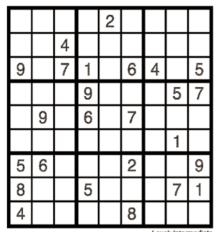








# SUDOKU



Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

# Crossword Clues

### **CLUES ACROSS**

- 1. Absence of effort
- 5. Preserve a dead body
- 11. Gratitude
- 14. The act of coming together again
- 15. Simpler
- 18. Visionaries
- 19. Large, fish-eating bird
- 21. Indicates near
- 23. Former CIA agent and critic
- 24. Icelandic poems
- 28. Pop
- 29. "Hammer" is one
- 30. Senses of selfimportance
- 32. Thyrotrophic hormone
- 33. Not around
- 35. Electronic data

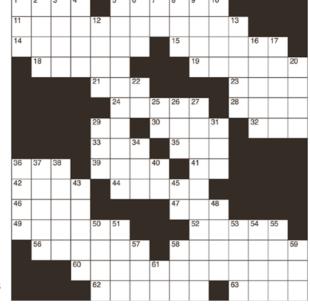
### processing

- 36. Licenses and passports are two types
- 39. Snakelike fish
- 41. Air Force
- 42. Popular computers
- 44. Of a withered nature
- 46. Wings
- 47. Used in combination
- 49. Laid back
- 52. Jeweled headdress
- 56. In slow tempo
- 58. \_\_ Falls
- 60. Assertions made again
- 62. Periods of history
- 63. Hyphen

### **CLUES DOWN**

- 2. Mimics
- 3. Expel large quantities

### 1. Body part



### rapidly

- 4. Sea eagle
- 5. A type of subdivision
- 6. Variety of Chinese
- 7. Mr. T's name on "The A-Team'
- 8. Consumed
- 9. Chinese dynasty
- 10. NFL great Randy
- 12. Ireland
- 13. Palm trees with
- creeping roots
- 16. Fungal disease
- 17. Impressionable
- persons 20. Affirmative! (slang)
- 22. Instinctive part of the mind
- 25. "The First State"
- 26. A way to develop
- 27. Fraternities
- 29. Woman (French) 31. Sunscreen rating

- 34. Beer
- 36. Spiritual leader
- 37. Indigo bush
- 38. Burn with a hot liquid
- 40. Junior's father
- 43. Ray-finned fishes
- 45. Morning
- 48. Line passing side to side through the center (abbr.)
- 50. Double curve
- 51. A small bundle of
- straw or hay
- 53. Got older 54. Crater on Mars
- 55. Humanities
- 57. Relating to the ears
- 58. "To the \_\_ degree..."
- 59. Residue of a burned product

WORDS

CELEBRATE

CHANUKAH

**CHRISTMAS** 

DINING

EASTER EXCITEMENT

FEAST

**FESTIVE** 

**FIREWORKS** 

FOOD

FRIENDS

GAMES

**GUESTS** 

HALLOWEEN

HOLIDAYS

INDEPENDENCE

INVITATION

KWANZAA

NEW YEAR'S DAY

PASSOVER

PRESENTS

THANKSGIVING

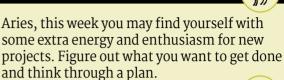
TOGETHER

VACATION

61. It cools a home

# **CROSSWORDS HOROSCOPE**

(March 21 - April 20)



### TAURUS

(April 21 - May 21)

Taurus, you may have a strong desire for stability and security. Now is a good time to focus on financial matters and investigate potentially valuable investment opportunities.

(May 22 - June 21)



Communication will be key for you this month, Gemini. Whether you aim to strengthen existing relationships or start new ones, be clear and honest in all of your interactions.

### CANCER

(June 22 - July 22)



This week your focus shifts largely toward home and family, Cancer. Now might be the time to address any conflicts in your home life to reinforce family relationships.

(July 23 - August 23)

Leo, this could be a week when you find yourself in the spotlight more than usual. You don't shy away from extra attention; in fact, you will thrive this week.

### **VIRGO**

(August 24 - September 22)



This is a good week to start organizing and planning, Virgo. The holidays are right around the corner, and you want to be sure that everything you need to get done will be accomplished.

### LIBRA

(September 23 - October 23)



Relationships and partnerships are priorities for you this week, Libra. Figure out how you can balance your needs with those of others in your inner circle.

### SCORPIO

(October 24 - November 22)

Scorpio, it's a good time to implement new habits or make improvements to your work life. Perhaps the balance has been skewed and you need more time for family?

### SAGITTARIUS

(Nov. 23 - Dec. 21)



This week could be bursting with creativity for you, Sagittarius. If you've been meaning to pursue hobbies or other interests, now is the time to explore and have some fun.

### CAPRICORN

(Dec. 22 - Jan. 20)



Making improvements to your home or livings space can give you a fresh perspective, Capricorn. It might just be the change you need to feel revitalized.

### **AQUARIUS**

(January 21 - February 18)

Don't be afraid to share your ideas and connect with others this week, Aquarius. Staying curious and getting your perspective across may lead to some exciting opportunities.

### PISCES

(February 19 - March 20)

Financial matters may come into focus this month, Pisces. It's a good time to look at your budget and make some tweaks, if necessary. Taking on extra work might be an option.

# HOLIDAY ROUNDUP WORD SEARCH

0 T U Ε G Ι Т T χ N χ R D U Ε Ε U R D Ε F S Τ V ۷ W G F R Ι Ε N S С F Ε G S X Ε D Н Т В N G S ٧ G Α Ζ М С G F W χ L S Т М Т Ι G Ι Ι G S Τ ۷ Ε F Z K G Z Ε Α N W Α 0 Τ Α

Find the words hidden vertically, horizontally, diagonally, and backwards.

 $\mathsf{G} \mathsf{A} \mathsf{M}$ 

Ε S

ΥV

WORDS CELEBRATE CHANUKAH

**CHRISTMAS** 

Χ

KYU

В N

DINING **EASTER EXCITEMENT FEAST** 

I F

**FESTIVE FIREWORKS FOOD** FRIENDS

**GAMES GUESTS HALLOWEEN HOLIDAYS** 

Υ

**INDEPENDENCE** INVITATION KWANZAA NEW YEAR'S DAY

Ι

Z

THANKSGIVING



### WOMBANIA

### by PETER MARINACCI





### Chase Leitner Mortgage Associate

### Dedicated to Helping You Achieve Your Homeownership Dreams

Residential Mortgages • First-Time Homebuyer • Refinancing Mortgage Pre-Approvals • Client-Focused Solutions

As a licensed mortgage agent with the Mortgage Group (TMG) and extensive experience in financial services, I am committed to providing clients with tailored solutions for their mortgage needs.

solutions for their mortgage Whether you're a first-time homebuyer, looking to refinance, or seeking investment opportunities, my goal is to make the mortgage process smooth, transparent, and stress-free.

Having completed my education through the Real Estate School of Alberta, I am licensed with both AMBA and RECA. I bring a client-first approach, combining industry knowledge with personalized service. My mission is to guide individuals and families through one

of the most significant financial decisions of their lives, ensuring they feel confident every step of the way.

l also collaborate closely with
experienced industry professionals,
including my mentor Mike

LaRue, to continually refine and expand my expertise.
Together, we are building a team dedicated to delivering exceptional mortgage services.

At the heart of my work is a passion for helping people secure the home of their dreams while building lasting relationships based on trust and integrity. As I grow in this field, I'm committed to providing an exceptional client experience that is as rewarding as it is reliable.

Cell: 780.907.0862 Fax: 1.877.239.8430 Email: chase.leitner@mortgagegroup.com

10525 170 St NW Unit 107, Edmonton, AB T5P 4W2 www.chasingmortgages.ca

### Looking for a new book to read?



The mini library is bright red and stands out in front of the burgundy coloured department.

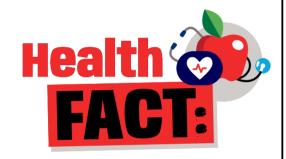


If you're in the market for a new book to read but you're short on time, pull up in front of the Whitecourt Fire Department at any time and see what's inside the Rotary Club's mini library. There's a wide variety of options inside, with everything from novels to young adult fiction to something for the littles. There are several of these mini libraries around town and if you haven't checked them all out yet, make sure you do!









This is one of the first medical professionals who assists patients.

Answer: Nurse

### **Math Blocks**

Fill in the missing blocks with numbers between 0-20.

The numbers in each row add up to the totals on the right.

The numbers in each column add up to the totals on the bottom.

4		3	18
10			30
	1	9	16
20	20	24	•

6	L	9		
21	8	ΟL		
3	ш	Þ		

Solution

### **Get Scrambled**

Unscramble the words to determine the phrase.

GRITSEDREE SUERN

Answer: Registered nurse



# HISTORY

1827

The University of Toronto, now a public research university in Toronto, Ontario, is founded by a roayl charter as King's College. It is the first institution of higher learning in Canada.



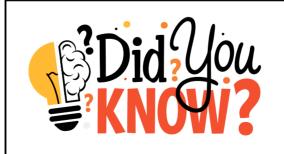
sorting and enabling treatment for patients



English: Nurse

Spanish: Enfermera Italian: Infermiera French: Infirmière

**German:** Krankenschwester



Nurses work in many different settings, including in hospital emergency rooms and in doctors' offices.









Alberta and NWT for \$269 (up to 25 words) \$8.00 each additional word. These ads are placed in over 100 community newspapers throughout Alberta. We can also place ads in other provinces throughout Canada.

### **Commercial Property**

BLANKET THE PROV-INCE with a classified ad. Only \$269/wk (based on 25 words or less). Reach almost 80 weekly newspapers. Call NOW for details. 1-800-282-6903 : www.awna.com: email classifieds@awna.com.

### **Employment Wanted**

**GET YOUR** MESSAGE SEEN ACROSS Alberta. The Blanket Classifieds or Value Ads reach over 600,000 Alberta readers weekly. Two options starting at \$269 or \$799 to get your message out! Business changes, hiring, items for sale, cancellations, tenders, etc. People are increasingly staying home and rely on their local newspapers for information. KEEP

people in the loop with our 80 Weekly Community Newspapers. Call THIS NEWSPAPER now or email classifieds@ awna.com for details. 1-800-282-6903. 780-434-8746 www.awna. com.

### **Feed and Seed**

ALBERTA FEED GRAIN: Buying Oats, Barley, Wheat, Canola, Peas, Screenings, Mixed Grains. Dry, Wet, Heated, or Spring Thresh. Prompt Payment. In House Trucks, In House Excreta Cleaning. Vac Rental. 1-888-483-8789.

### **Services**

RECORD? CRIMINAL Why suffer employment/ licensing loss? Travel/ opportunities? business

Be embarrassed? Think: Criminal Pardon. US entry waiver. Record purge. File destruction. Free consultation. 1-800-347-2540. www.accesslegalmjf.com.

**MORTGAGE PRIVATE** LENDER. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228; www. firstandsecondmortgag-

### **Wanted**

CASH FOR COIN COL-LECTIONS & COIN AC-**CUMULATION'S!** buying all Gold, Silver, Old Jewelry, Nuggets, Sterling, Bullion, Ingots, Royal Canadian Mint Coins, Rare Coins +, Todd 780-504-7995.

# **Seniors' Special**

10% more on all cash payouts. November only

### Silver Coins

Canadian Coins PRE 1968 | USA silver coins Pre 1970 10¢, 25¢, 50¢, \$1.00 coins

We buy them all! Bags, boxes, trunks full. Silver flatware, tea sets, all things silver. Canadian Mint sets.

Gold chains, rings, bangles, coins.

Pays Cash!

To arrange a free, no obligation visit Please call Joy or Ted 1-825-966-4373

Bonded since 1967



**Advertise** Province-wide

Value Ad Network

Alberta Weekly Newspapers Association toll free 1-800-282-6903 x225 email classifieds@awna.com or visit your community newspaper





# **Do You Suffer from** Foot or Ankle Pain?

Our Specialist Can Help!

Call Valerie Winger at 780.706.1858

or email wctpress@gmail.com

# **Call Now** To Book

**Your Consultation!** 

Phone: 587-328-0743 Fax: 1-888-289-2162

### Medical and Surgical Services or Treatments Provided:

**Achilles Tendon Pain** Athletic Injuries

**Bunions** 

**Fungal Toenails** 

Heel Pain

**Prescription Custom Orthotics** 

Arch Pain **Arthritis** 

Corns and Calluses

Flatfoot

Hammertoes

Warts

Athlete's Foot Ankle Sprains **Diabetic Foot Care** Forefoot Pain Ingrown Toenails



Dr. Ben Sefcik, DPM **Podiatrist** 

**Advanced Health Pharmasave** 5112 50 St. Whitecourt, AB

**Parkland Medical** Centre #202, 10127 121 Ave Grande Prairie, AB

# **Evolution Foot and Ankle Clinic** www.bensefcikdpm.com

No Referral Necessary • New Patients Welcome • Covered under most Insurance Plans •

Apple Wellness Center 229 1 St. SW Airdrie, AB

### A look at the local weather

High Low Wind 24-Hr Rain / Snow

Wed., Nov. 6 Mix of sun and clouds 20% 5°C 0°C SW 8 km/h



W 15 km/h

Fri., Nov. 8 Mix of sun and clouds 20% 7°C 3°C SW 10 km/h

Mainly cloudy 10% 6°C 0°C

Sat., Nov. 9 W 14 km/h

<1mm

Sun., Nov. 10 Mainly sunny 20% 3°C 0°C NW 16 km/h



One Canadian Dollar = 0.71 US Dollar at an exchange rate of 0.7161 (using nominal rate).



**Dollar Values as of November 6, 2024** 



### **HELP WANTED**

Tim Hortons in Whitecourt is looking to fill the following positions:

Food Service Attendant Full Time / Shift Work

Food Service Supervisor Full Time / Shift Work

### **SHIFT INCENTIVE FOR OVERNIGHTS**

Please apply in person at the restaurant.



4331-52 Ave Unit 1 Whitecourt, AB 4216 Elko Drive Whitecourt, AB

### Letter to the Editor policy

The Press welcomes readers to write letters to the Editor. A maximum of 300 words is preferred but not necessary. Letters must carry a first name or two initials with surname and include an address and daytime telephone number. All letters are subject to editing. Please email letters to wctpress@gmail.com.





A locally owned and family operated newspaper serving Whitecourt



### **Contact**

Valerie Winger at 780-706-1858 Email: wctpress@telus.net



The Press is printed on high quality newsprint using vegetable based ink. We encourage you to share, save, reuse, rehash & recycle.

### SCHOOL NEWS





Whitecourt Central School's beloved furry friend, Flash, from Dogs with Wings Assistance Dog Society, has once again proven that he's more than just a loyal companion - he's an essential part of the school community. Flash joined Grade 3C during their Physical Education class, enthusiastically supporting students in their activities and spreading cheer throughout the



The students of Ms. Masco's Grade 2 class at Pat Hardy School got into the festive spirit last week with a pumpkin decorating activity that filled the classroom with excitement and creativity. The young artists transformed their pumpkins usina paint, markers. and a variety of fun decorations, each adding a personal touch to their fall masterpiece.



### SCHOOL NEWS



Whitecourt Central School's Grade 2 student Sloane Vandezande joined her classmates in a festive pumpkinpainting activity, embracing the Halloween spirit with creativity and enthusiasm. The colorful event brought students together to showcase their artistic talents

# ATTENTION LAND OWNERS

SELL YOUR STANDING CONIFER, SPRUCE AND PINE!

(Minimum of 50 - 80 acres)



CONTACT: JOEL MELANSON 587-335-0322

joel@larrmanagementcorp.ca

# PUZZLES SOLUTIONS

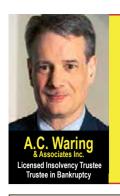
# WORD SEARCH D E I N V I T A T I O N N I Z R K W G S S G C E L E B R A T E L P Z P O S B K A O X N E N E W Y E A R S D A Y C U U V M F B C P S Z V H R X M H O L I D A Y S T U D B I W U Z E E U A D I N I N G N O S D F E S T I V E O K N O I T A C A V W I W Z X S N O P V U O E C D F B P S G D R A G O T S M A N C C T C I M O K M F T H T I P S Y N A X N L X N R D U V O B X C W T A A S H H E I T D R E Y X R V R H S G P T E C K E P R E V R T O G E T H E R U R W F H W R D P E X C I T E M E N T D E W G X O E X E O N N S K R O W E R I F S E I L S L N U S O E R E T S A E X H F T E L E V D F L L W F R V G H S I I K V S A N X E W F R I E N D S C F E M A X G H T B N G S V G A Z M C G F W X C Y T L S T C M T I P R G N I V I G S K N A H T V E P F Z T E A A Z N A W K A O E X U G X K Y U B N I F Y V G A M E S Y O Z R I

## **CROSSWORDS**

E	Α	s	Е		Е	М	В	Α	L	М				
Α	Р	Р	R	Е	С	ı	Α	Т	1	0	N			
R	Е	U	N	ı	0	N		Е	Α	s	1	Е	R	
	s	Е	Ε	R	s				0	s	Р	R	Ε	Υ
				Ε	Р	ı					Α	G	Ε	Е
					Е	D	D	Α	s		s	0	D	Α
				М	С		Ε	G	0	s		т	s	Н
				М	1	Α		Е	D	Р				
1	D	s		Ε	Ε	L	s		Α	F				
М	Α	С	s		s	Ε	R	Α	L					
Α	L	Α	Ε					М	1	D				
М	Ε	L	L	0	W				Т	ı	Α	R	Α	
	Α	D	Α	G	ı	0		N	1	Α	G	Α	R	Α
			R	E	s	Т	Α	Т	Ε	М	Ε	N	т	s
				E	Р	0	С	Н	s		D	Α	s	Н

# **SUDOKU**

6	quas	5	4	2	9	7	$\infty$	3
2	3	4	8	7	5	American	9	6
9	8	7	gun	3	6	4	2	5
3	4	2	9	8	nemb	6	5	7
фоон	9	8	6	5	7	2	(C)	4
7	5	6	2	4	3	<b>ග</b>	you	8
5	6	3	7	Amer	2	8	4	9
8	2	9	5	6	4	3	7	done
4	7	4	3	9	8	5	6	2



# DEBT SOLUTIONS

Debt/Credit Counselling Debt Consolidation
Creditor Negotiations Consumer Proposals
Bankruptcy Alternatives Bankruptcy Protection

FREE Consultation

# NEED HELP? CALL ANYTIME! (24-7)

Mental Health Helpline **1-877-303-2642** 

Addiction Helpline

1-866-332-2322

Health Link 811



4927-51 AVENUE, PO BOX 328, WHITECOURT, AB T75 1N5

Accounting • Tax • Estates & Trusts • Bookkeeping
Controllership • Audit & Review Engagements

Michael Epp CPA, CA, CMA Partner

Terry St. Laurent CPA, CGA, CA Partner Carla Hanas CPA, CA Manager

Edmonton Lloydminster Fox Creek/Whitecourt T: 780-489-9606 T: 780-875-7433 T: 780-778-3091

Fort Saskatchewan Evansburg T: 780-992-0266 T: 780-727-2017

TOLL FREE: 1-877-489-9606

**METRIXGROUP.CA** 











### Busted Knuckle Technical Service Inc.

### GENERAL AUTOMOTIVE REPAIR SHOP

- Licensed Journeyman MechanicServing Whitecourt and surrounding
  - area for more than 12 years
     Body, Chassis & Electrical
     Diagnostics
    - · Shop Rate \$90.00/hr.

Call Des: 780-779-8546



Garden Sheds • Custom or Pre-built • Delivery Available 780-778-4404

Help is close to home

# **BOOK YOUR AD NOW**

Call Valerie Winger at 780.706.1858 or email wctpress@gmail.com

