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Canada

Vol. 15 - Issue 38 | Wednesday, September 30, 2026



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Whitecourt IGA supporting children's mental health through Family of Support campaign



See story page 7.



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elections
alberta

West Yellowhead

Your Guide to Voting

Referendum

In this referendum, electors will be asked to vote on 10 questions. Nine questions require a “Yes” or “No” response. One question asks electors to choose between two options.

You have three ways to vote:

1.

Vote during Advance Voting from October 13 to 17, 2026, at an advance voting place in your electoral division.
2.

Vote on Election Day, October 19, 2026 at your designated voting place.
3.

If you’ve already requested a special ballot, it must be received by mail at Elections Alberta by 5:00pm on October 16. Canada Post recommends you mail it no later than October 9.

X

Advance Voting Tuesday, October 13 to Saturday, October 17

During advance voting, you must vote at a voting place in your electoral division.

Advance voting places in your electoral division are listed below. Or visit [elections.ab.ca](#) to find your voting place.

Advance Voting Places		Tuesday, October 13	Wednesday, October 14	Thursday, October 15	Friday, October 16	Saturday, October 17
Hinton Centre 965 Switzer Dr, Hinton		9am – 8pm	9am – 8pm	9am – 8pm	9am – 8pm	9am – 8pm
Indominus Sports 419 50 St, Edson		9am – 8pm	9am – 8pm	9am – 8pm	9am – 8pm	9am – 8pm
Royal Canadian Legion Branch #278 2400 Pine Plaza, Grande Cache		9am – 8pm	9am – 8pm	9am – 8pm	9am – 8pm	9am – 8pm
Royal Canadian Legion Branch #31 401 Geikie St, Jasper		9am – 8pm	9am – 8pm	9am – 8pm	9am – 8pm	9am – 8pm
Royal Canadian Legion Branch #44 4928 51 Ave, Whitecourt		9am – 8pm	9am – 8pm	9am – 8pm	9am – 8pm	9am – 8pm

Be referendum ready.

1.

Save time by registering to vote before advance voting or Election Day.
Visit [Voterlink.ab.ca](#)
2.

Review identification requirements before you vote.
3.

View referendum questions at [elections.ab.ca/elections/referendum](#)



Help your community.
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X

[elections.ab.ca/jobs](#)



West Yellowhead Your Guide to Voting

Election Day Monday, October 19, 2026
Election Day voting hours are 9:00am to 8:00pm.

On Election Day you must vote at your assigned voting place, which will be one of the places listed below. To find your designated voting place, scan the QR code and enter your residential address.

ELECTION DAY VOTING PLACE: West Yellowhead

Anselmo Community Hall AB-647, Woodlands County	Ecole Jasper School 300 Elm Ave, Jasper	Peers Multiplex 5114 51 St, Peers	Wildwood Community Hall 4916 51 Ave, Wildwood
Best Western High Road Inn 300 52nd St, Edson	Edson Lions Hall 4139 3 Ave, Edson	Pinedale Hall 15229 Twp Rd 534, Yellowhead County	 Scan to find your voting place
Blue Ridge Community Hall 304 Veterans Ave, Blue Ridge	Galloway Station Museum 223 55 St, Edson	Robb Multiplex 5101 52 Ave, Robb	
Brule Community Hall 5010 Mountain Rd, Brule	Hinton Centre 965 Switzer Dr, Hinton	Royal Canadian Legion Branch #278 2400 Pine Plaza, Grande Cache	
Cadomin Community Hall 5215 50 St, Cadomin	Mackay Community Hall 54015 Hwy 751, Mackay	Royal Canadian Legion Joe Wynne Branch #51 5016 5 Ave, Edson	
Canfor Culture And Events Centre 5401 51 St, Whitecourt	Marlboro Community Hall 1015 20 Ave, Marlboro	St. Joseph Hall 5538 Mink Creek Rd, Whitecourt	
Carrot Creek Hall 13320 Twp Rd 534, Carrot Creek	Niton Community Hall 5408 50 St, Niton Junction	The Crimson 200 Connaught Dr, Jasper	

Unofficial results will be posted after voting closes and ballots are counted at results.elections.ab.ca.
Official results will be posted **October 29, 2026, at officialresults.elections.ab.ca**.

Returning Offices

Main Office
419 50th St,
Edson, AB T7E 1N7

Returning Officer:
Catherine (Catie) Kopp
Phone: 1-833-483-2964
Email: ed87@elections.ab.ca

Office Hours
Mon to Fri: 9am – 6pm
Saturday: 10am – 4pm
Voting Days: 9am – 8pm

Accessible Voting

Barrier-free Access
All voting places are evaluated and modified, where possible, to provide barrier-free access to voters. Visit elections.ab.ca/accessibility to view accessibility information for each voting place.

Be referendum ready.

1. Save time by registering to vote before advance voting or Election Day. Visit Voterlink.ab.ca
2. Review identification requirements before you vote.
3. View referendum questions at elections.ab.ca/elections/referendum



Scan to find your voting place

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PUBLIC NOTICE

www.whitecourt.ca | facebook.com/TownofWhitecourt | 780-778-2273



TAKE PART! GIVE BACK! Opportunity for Public Participation

Every fall, the Town of Whitecourt recruits citizens to fill volunteer positions on various boards and committees that provide Town Council with perspective and recommendations regarding important civic issues. Whitecourt is a diverse, growing town, and citizens are in the best position to provide input on our changing community needs. Get involved! It's your town. Share your knowledge and meet new colleagues.

Economic Development Committee
"To set up and establish an economic development program to further the interests of the Town of Whitecourt in the areas of economic development and tourism."
(1) Member – term to expire in October 2029

Health Professionals Attraction & Retention Committee
"To develop and support a sustainable and collaborative system for health professionals' attraction and retention that will support ongoing health care services to the community and provide a welcoming environment for health care providers and their families."
(1) Member – term to expire October 2029

Municipal Planning Commission
"To deal with land use planning matters with particular emphasis on the Land Use Bylaw."
(1) Member – term to expire in October 2029

Subdivision and Development Appeal Board
"To make decisions on appeals of subdivision or development decisions made by the Development Officer or Municipal Planning Commission."
(2) Members – term to expire in October 2029

If being on a Council Committee interests you, please complete an application form which can be found by scanning the QR Code below or by going on the Whitecourt website at www.whitecourt.ca/your-town/mayor-council/public-participation or picked up at the Town Office. Applications must be received before 12:00 noon, Monday, October 19, 2026 to:

Whitecourt Town Administration Office
Attention: Executive Assistant
5004 - 52 Avenue, Box 509
WHITECOURT, AB T7S 1N6
email: administration@whitecourt.ca



Applications are also being accepted for the:

Youth Advisory Committee
"To work collectively to ensure the needs of Whitecourt's youth are met."
(10) Members – term to expire September 2027
Youth between the ages of 13 and 18 years old (as of December 31, 2026) from Percy Baxter Middle School, Hilltop High School, École St. Joseph School, and the community at large are eligible to apply. New applicants are required to complete a Youth Advisory Committee Application Form and submit two signed reference forms. Students currently on the committee only need to complete the application form. Applications for the Youth Advisory Committee must be submitted to administration@whitecourt.ca before noon on Friday, October 9.

You can also scan the QR code for a direct link to the Youth application form:

Applications for all committees will be presented to Town Council at the October 26, 2026 Regular Meeting.

Questions?

Contact our Administration Department at 780.778.2273 or email administration@whitecourt.ca.





During our Store Renovations Caine's Jewellers' commitment to serving and meeting the Jewellery needs of our community and area still remains.

Starting July 6, 2026, if your Jewellery is in need of repair, or you need a battery for your watch, you can drop it off with our sales associates who will gladly take care of it for you. We can be found through the side entrance of the Whitecourt and District Chamber of Commerce building at **4907 – 52nd Avenue in Whitecourt Unit #7.** Monday – Friday 11am-3pm

You can also follow us on our Facebook page (**facebook.com/cjewellers**) for updated news as our renovation progresses.

If you are needing an item for a special occasion, please reach out via text to **Kandice @ 780-778-3302** or email at **wckandice@cainesjewellers.com**.

We can't wait to show you our new Home!!!!



For all open career opportunities, please check out our website at albertanewsprint.com → Careers.

Meet Cheeto,

a sweet, affectionate 7-year-old orange domestic shorthair looking for a second chance through no fault of his own.



WHITECOURT ADOPTABLE ANIMALS

This lovable gentleman enjoys cuddles, conversation and spending time with his people. Cheeto does have some health challenges and can become stressed, so he would do best in a quiet, calm home without other pets. He's looking for a patient, loving home where he can feel safe and enjoy plenty of companionship.

Interested in Cheeto? Contact the **Whitecourt Pound** at: **780-778-5767** for more information or to inquire about adoption.



Town of Whitecourt photo

As National Coaches Week wrapped up September 20, Coach Trish was recognized for the positive impact she has made through community basketball.

El Niño strengthens as Alberta heads toward winter



By Haylee Winger

As Alberta heads into fall, a climate pattern developing in the Pacific Ocean could have an influence on the province's weather during the coming winter.

El Niño is strengthening in the tropical Pacific, with the U.S. National Oceanic and Atmospheric Administration (NOAA) reporting a greater than 90 per cent chance of a very strong El Niño during the Northern Hemisphere fall and winter of 2026-27.

NOAA's Climate Prediction Center is also forecasting a 75 per cent chance that the October through December 2026 period will reach what it classifies as a historic-strength El Niño.

That would mean the three-month Relative Oceanic Niño Index, or RONI, reaches at least 2.5 C, exceeding the strength of previous El Niño events in NOAA's record dating back to 1950.

El Niño is part of the El Niño-Southern Oscillation, commonly known as ENSO. It occurs when ocean temperatures in the central and eastern tropical Pacific become warmer than usual, affecting atmospheric circulation and shifting weather patterns in other parts of the world.

According to Environment and Climate Change Canada, Canada is mostly affected by El Niño during the winter and spring. El Niño often brings milder weather to western, northwestern and central Canada, although the effects can vary de-



pending on the location and the individual El Niño event.

For Alberta, that means El Niño could contribute to milder overall winter conditions. However, it does not mean the province will avoid cold weather or major snowstorms. Short-term weather patterns are influenced by many factors, and conditions can vary

considerably from one community to another.

NOAA reported in September that sea surface temperature anomalies in the eastern equatorial Pacific had exceeded 3 C above average in some areas. The August Niño-3.4 index was 1.8 C above average, while NOAA's Sept. 17 outlook reported a weekly Niño-3.4 value of 2.0 C.

NOAA's current outlook calls for El Niño to continue strengthening through the end of 2026. The agency notes that with an event of this magnitude, the chances of experiencing impacts consistent with El Niño are larger, but those impacts are not guaranteed.

For northern Alberta communities such as Whitecourt, the broader

climate pattern can provide some indication of what the season could look like, but it cannot predict individual storms or determine exactly how much snow a community will receive.

Seasonal forecasts are updated as new observations and model information become available. Environment and Climate Change Canada uses its Canadian Seasonal to Interannual Prediction System, known as CanSIPS, as part of its seasonal forecasting.

As winter approaches, El Niño will remain one of several factors meteorologists will be watching. While the current event is expected to be unusually strong, its effects on Alberta will depend on how the larger atmospheric pattern develops over the coming months.

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The Press

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by PETER MARINACCI

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www.wombania.com

A look at the local weather		Wed., Sep. 30	Thu., Oct. 1	Fri., Oct. 2	Sat., Oct. 3	Sun., Oct. 4
		Scattered showers	Mainly sunny	Sunny	Mainly sunny	Mainly sunny
P.O.P.		60%	30%	30%	60%	30%
High		13°C	14°C	11°C	13°C	16°C
Low		3°C	2°C	1°C	2°C	5°C
Wind		W 17 km/h	W 14 km/h	NW 13 km/h	W 7 km/h	NW 24 km/h
24-Hr Rain / Snow		2-4mm	-	-	-	-

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Aimee Grierson **780-262-0222** <https://wctcancerwellness.com/>



Recover Out Loud

- Mondays are in person, at the Family Worship Center upstairs, and online (hybrid) at 7:30pm
 - Fridays 7:30pm at the Whitecourt Baptist Church in person only.
- ZOOM ID: **818 413 483** PASSWORD: **gratitude**



CALL Ruth
780-674-7182

Support group on Tuesdays, February 17 to May 5.
Crossroads Community Church, 4719 44 Avenue
Mayerthorpe, Pre-registration is required



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Open Mon, Wed & Fri 11:00am to 2:00 pm
Phone: 780-778-2341 Located within the Carlan
Services Community Centre



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1.800.467.4049



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@whitecourt_shelter

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Environment for Women With or Without Children, Fleeing
Family Violence & Experiencing Crisis.

Outreach Support Program:

Ongoing Support, Advocacy, Follow-Up & Support Groups for
Women, Men and Youth in Whitecourt and Surrounding
Communities.

Child Support Program:

Child Care & After School Programs - Age Appropriate Programs &
Support for Children Who Have Been Affected By Family Violence

Preventative Education:

Provides Workshops, Information and Awareness to Schools,
Community Organizations, Agencies and Businesses



Family Resource & Crisis Centre

www.whitecourtshelter.ca

**Whitecourt Alcoholics
Anonymous Group**



Meetings are three times each week

- Monday 8:00 pm - 9:00 pm
- Wednesday 8:00 pm - 9:00 pm
- Friday 8:00 pm - 9:00 pm

Located at the United Church Basement on Legion
Street (formerly 5201 - 50 Street), Please Leave a Mes-
sage for Our AA member or Contact Addictions Helpline
@1(866)332-2322

Whitecourt IGA supporting children's mental health through Family of Support campaign



By **Haylee
Winger**

Whitecourt residents are helping support children's mental health through this year's Family of Support fundraising campaign at IGA.

The national campaign is a joint initiative of Empire Company Limited and The Sobey Foundation. Through partnerships with Canada's Children's Hos-

pital Foundations and Kids Help Phone, Family of Support aims to help more children and families access local mental health support. The 2026 campaign runs from September 17 to October 4 in Alberta and other provinces outside Quebec.

At the Whitecourt IGA, customers are invited to make a donation at the checkout when approached by a cashier. IGA representative, Sydney Thompson, told the Press

that the store had already raised more than \$2,000 during the first five days of the campaign.

"Whitecourt has such a strong sense of community, the response to this campaign so far has been overwhelming," Sydney said.

Sydney said supporting children's mental health is important to the store's staff and noted that about 20 per cent of Canadian youth experience a mental illness.

Donations made

through the campaign support mental health programs at local children's hospitals. Family of Support states that 100 per cent of funds raised directly support mental health programs at local children's hospitals. In Alberta, donations through participating IGA locations in northern Alberta support child and youth mental health care at the Stollery Children's Hospital.

The Stollery Children's Hospital Foun-

dation says The Sobey Foundation and Empire Company Limited are helping transform and integrate the Stollery's mental health offerings through the Family of Support: Child and Youth Mental Health Initiative.

Family of Support reports that since 2020, the campaign has raised and donated more than \$27 million, including more than \$25.5 million for local children's hospitals. The initiative says that funding has

helped nearly 150,000 kids access local mental health support.

The Canadian Mental Health Association reports that about 20 per cent of Canadian youth aged 25 and under experience a mental illness. Whitecourt residents who would like to contribute can donate at participating stores during the campaign or online through the Family of Support website. The campaign continues until October 4 in Alberta.

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The Press
www.whitecourtpress.com

Call Valerie Winger at
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wctpress@gmail.com

NOTICE OF PUBLIC HEARING

Proposed Community Standards Bylaw 634/25 and Special Events Bylaw 641/26

Woodlands County Council will hold a Public Hearing on proposed Community Standards Bylaw 634/25 and Special Events Bylaw 641/26 before considering the bylaws for Second Reading.

Date: October 8, 2026
Time: 9:35 a.m.
Location: Woodlands County Council Chambers
#1 Woodlands Lane, Whitecourt, AB T7S 1N3

If approved, these bylaws would replace Woodlands County's current Community Standards Bylaw 520/19.

Residents and other interested parties are invited to attend the Public Hearing and share their comments. Those who cannot attend in person may participate virtually. Please visit the County website to access the link: woodlands.ab.ca/p/bylaw-public-engagement

Written comments regarding the proposed bylaws may be submitted no later than **4:30 p.m. on October 2, 2026**, to:

Woodlands County, Box 60, Whitecourt, AB T7S 1N3, **Email:** planning@woodlands.ab.ca

THANKSGIVING DAY OFFICE CLOSURES
& SERVICE INTERRUPTIONS:

Monday, October 12, both municipal offices will be closed.
They'll reopen Tuesday, October 13, for regular hours.

Fort Assiniboine garbage collection will be deferred to Tuesday, October 13.

AGRICULTURAL LAND USE
OPPORTUNITY AT CYZU AIRPORT

CYZU Airport is seeking proposals for the agricultural use and management of approximately 122 acres of airport lands under a five-year agreement.

Permitted crops include hay, rye, canola, timothy grass, alfalfa, and clover.

Interested proponents are encouraged to arrange a site visit and submit a proposal outlining their operating plan, qualifications, and annual payment offer.

Deadline: October 31, 2026

For more information, including the proposal package, go to: woodlands.ab.ca/p/rfps-and-tenders

NOTICE OF DECISION
DEVELOPMENT PERMIT 26-DP-068

Location: NE 4-59-12 W5M
Proposed Development: Home Occupation Major – Dog Boarding Kennel
Decision Date: September 22, 2026
Appeal Deadline: October 13, 2026

For full details on Development Permits visit <https://woodlands.ab.ca/>
Email: planning@woodlands.ab.ca
Call: 1-888-870-6315

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EXCITING JOB OPPORTUNITIES!

- Environmental Services Manager
- Temporary Accounts Receivable/Utilities Clerk
- Transfer Station Operator (2 positions)

For more information and to apply, scan the QR Code,
or go to: woodlands.ab.ca/p/careers

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WOODLANDS COUNTY

NATIONAL DAY FOR
TRUTH & RECONCILIATION

September 30th, flags at all Woodlands
County facilities will be lowered to half-mast
in recognition of the National Day for Truth
and Reconciliation.

Woodlands County honours Survivors, their
families, and Indigenous communities.
Reconciliation is a path we are committed to
walking together.

WOODLANDS.AB.CA

WOODLANDS COUNTY

DEVELOPMENT
PERMITS

DID YOU KNOW? HOME-BASED BUSINESSES REQUIRE A
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In Woodlands County, if you want to build a new structure or conduct a new land
use, a development permit is required.

- ✓ Ensure your business and /or project meets local bylaws
- ✓ Avoid costly delays or penalties
- ✓ Support smart, sustainable community growth

Woodlands County Planning Department is here to guide you through the
process every step of the way:

- 📍 Learn what permits you need
- 📄 Get step-by-step application support
- 🔍 Stay informed on zoning rules and timelines

For more information, please visit our website at:
woodlands.ab.ca/p/planning-and-development
Or contact us at planning@woodlands.ab.ca 780-778-8400



**DAVE
KUSCH**
Reeve, Division 1 – Anselmo
dave.kusch@woodlands.ab.ca
780-778-9337



**PATRICIA
MACNEIL**
Councillor, Division 2 -
Whitecourt West
patricia.macneil@woodlands.ab.ca
780-268-3000



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DEANE**
Councillor, Division 3 -
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**KAREN
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**JENNA
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780-779-6765



**PETER
KUELKEN**
Councillor, Division 6 - Goose Lake /
Freeman River
peter.kuelken@woodlands.ab.ca
780-284-2425



**BENNY
WHITTEN**
Councillor, Division 7 -
Fort Assiniboine / Timeu
benny.whitten@woodlands.ab.ca
780-305-4655



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780-778-8400
1-888-870-6315
admin@woodlands.ab.ca
1 Woodlands Lane,
Whitecourt,
AB T7S 1N3

Lac Ste. Anne Foundation to take over The Manor



By Haylee Winger

A change in ownership is coming to The Manor at Whitecourt Village, with the Lac Ste. Anne Foundation set to take over the seniors housing community from Christenson Communities.

The two organizations announced September 23 that they had entered into an agreement for the purchase, with a targeted closing date of October 1, 2026.

Dena Krysik, Chief Administrative Officer with the Lac Ste. Anne Foundation, told the Press the acquisition is part of the Founda-

tion's long-term vision for seniors' housing and continuing care in the communities it serves.

"The Lac Ste. Anne Foundation is committed to strengthening seniors' housing and continuing care services in the communities we serve. The acquisition of The Manor at Whitecourt Village aligns

with our long-term vision of expanding access to quality accommodation and care throughout the region," Krysik said.

Krysik said Whitecourt and the surrounding area have demonstrated a growing need for seniors' housing options, and the acquisition provides an opportunity for the Foundation to build on an established facility while ensuring its continued operation.

For residents, the transition is expected to be seamless. Accommodations, services, meals, activities and daily routines will continue as they currently do, and existing rental and accommodation rates will remain unchanged at the time of the transition.

Current employees will also have the opportunity to continue their employment with the Foundation.

"The Foundation recognizes that the dedicated staff are essential to providing high-quality care and services to residents," Krysik said. "We are pleased that current employees will have the opportunity to continue their employment with Lac Ste. Anne Foundation."

The Foundation said supporting staff throughout the transition will help maintain continuity of care for residents.

There are no major renovation projects announced for The Manor at this time. Following the acquisition, the Foundation plans to assess the building, its systems, programs and resident needs before determining where future improvements may be appropriate.

The Foundation remains committed to ongoing investment in its facilities and will evaluate opportunities to improve resident comfort, safety and quality of life. Any significant future projects will be communicated to residents, families, staff and the community.

For Christenson Communities, the agreement marks the transition of The Manor to new ownership.

"The Manor at Whitecourt Village has been an important part of our organization, and we are pleased to work with the Lac Ste. Anne Foundation on this transition," said Greg Christenson, President, Christenson Group of Companies, in the joint release. Christenson Communities said it is confident the Foundation's experience and commitment to seniors housing will support continued care, service and community engagement at The Manor.

Looking ahead, Krysik said the Foundation hopes the acquisition will provide stability and continued investment in seniors' housing in Whitecourt and the surrounding area.

"We hope this acquisition will provide long-term stability and continued investment in seniors' housing within the Whitecourt region," Krysik said.

She said bringing The Manor into the Foundation's portfolio will allow it to draw on its experience in seniors' housing and care while continuing to support residents, employees and families.

"We believe this acquisition demonstrates our commitment to meeting the evolving needs of seniors and contributes to a sustainable future for housing and care services in Whitecourt and surrounding communities," Krysik said.

Residents, families and staff will continue to receive information as the transition moves toward the anticipated October 1 closing date.



The Manor at Whitecourt Village is set to transition to new ownership after the Lac Ste. Anne Foundation entered into an agreement to purchase the seniors housing community from Christenson Communities. The transaction is expected to close October 1, 2026.



Spruce View Lodge photo

Last week, children and parents from the Whitecourt & Area Family Support Program visited Spruce View Lodge to spend time with residents and make crafts together. The visit gave families and residents a chance to connect and enjoy a creative afternoon together.

The Press

A locally owned and family operated newspaper serving Whitecourt

PUBLISHED EVERY WEDNESDAY

Contact

Valerie Winger at 780-706-1858

Email: wctpress@telus.net



The Press is printed on high quality newsprint using vegetable based ink. We encourage you to share, save, reuse, rehash & recycle.

Letter to the Editor policy

The Press welcomes readers to write letters to the Editor. A maximum of 300 words is preferred but not necessary. Letters must carry a first name or two initials with surname and include an address and daytime telephone number. All letters are subject to editing. Please email letters to wctpress@gmail.com.



New way for Albertans to receive cancer screening notifications

Primary Care Alberta's (PCA) Screening Programs is updating its communication methods to better serve Albertans.

Cancer screening notifications are moving towards becoming paperless. Starting in the fall of 2026, mailed invitation and reminder notifications for cancer screening will be phased out when possible and patients will get notifications and information through MyHealthAlberta's MyChart online platform.

The Alberta Cervical Cancer Screening Program implemented this change first on September 15, 2026. The Alberta Colorectal Cancer Screening Program and Alberta Breast Cancer Screening Program will follow in 2027.

"Albertans increasingly expect to access services and information digitally. Moving cancer screening notifications to MyChart is a practical step that improves access to personal health information, supports participation in life-saving screening programs, and ensures we are delivering services in a more efficient and sustainable way."

Justin Wright, Minister of Primary and Preventative Health Services

Patients not enrolled in MyChart will continue to receive printed letters. Normal screening results will be available via MyChart or communicated through the patient's appropriate care provider. Abnormal test results will be mailed, available via MyChart or communicated through the patient's appropriate care provider.

Kimberley Simmonds, CEO of Primary Care Alberta

This shift ensures Albertans have improved access to their health most effective."

For additional information about screening, talk to your primary care provider or visit screeningforlife.ca.

Care is a lifelong commitment for Primary Care Alberta. We plan, fund and support primary healthcare across the province, improving access to care providers and offering front-line services through Health Link 811 and public health teams. Throughout the health journey, we are by your side – managing, preventing and reducing illness. Along with our partners, we nurture the connections

our communities need to thrive and strengthen the health of all Albertans.



COMMUNITY WELLNESS CORNER

If your life is in danger, or someone else's – dial 911

Emergency services are available 24/7

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KIDS HELP PHONE
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988

CALL OR TEXT

Suicide Crisis Helpline • 24/7

1-855-242-3310

HOPE FOR WELLNESS
Indigenous crisis support

PUTTING A FACE ON SUICIDE



Indiana Laura Grace Sheenan
Age 15

Every 40 seconds, somewhere in the world, someone dies by suicide. Behind every number is a name, a family, a community that felt the loss. This week we remember one of our own.

THIS WEEK'S TIPS

TIP #1

POSITIVE COMMUNICATIONS TIP

Smile—it can make conversations feel more welcoming.

COMMUNITY WISDOM SERIES

TIP #2

CONFLICT RESOLUTION TIP

Avoid raising your voice.

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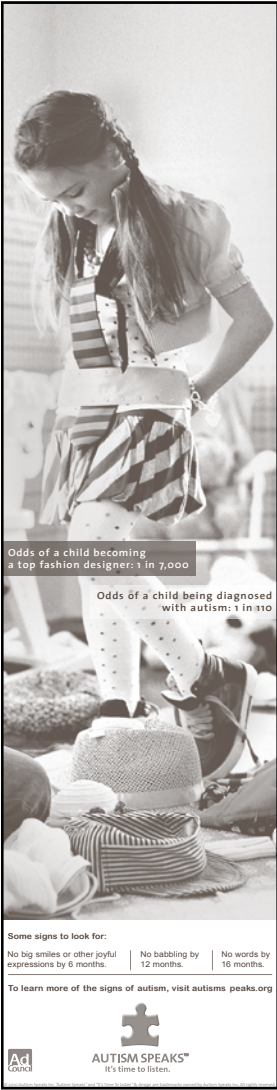
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Blanket Classified Ads

Alberta and NWT for \$269 (up to 25 words) \$8.00 each additional word. These ads are placed in over 100 community newspapers throughout Alberta. We can also place ads in other provinces throughout Canada.



Odds of a child becoming a top fashion designer: 1 in 7,000

Odds of a child being diagnosed with autism: 1 in 150

Some signs to look for:

No big smiles or other joyful expressions by 6 months.	No babbling by 12 months.	No words by 18 months.
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To learn more of the signs of autism, visit autism-speaks.org

AUTISM SPEAKS™
It's time to listen.

Buildings For Sale

INTEGRITY POST FRAME BUILDINGS since 2008 BUILT WITH CONCRETE POSTS. Barns, Shops, Riding Arenas, Machine Sheds and more, sales@integritybuilt.com 1-866-974-7678 www.integrity-built.com.

Coming Events

EDMONTON COIN SHOW - October 17 & 18, 2026. Saturday 10 am - 4:30 pm; Sunday 10 am - 3 pm. Lions Centre 11113 - 113 Street, Edmonton. Family friendly! Displays * Auctions * Free market evaluations.* Dealers from across Canada. * Visit www.edmontoncoinclub.com/shows

Employment Opportunities

BLANKET THE PROVINCE with a classified ad. Only \$269/wk (based on 25 words or less). Reach 75 weekly newspapers. Call NOW for details. 1-800-282-6903; www.awna.com; email classifieds@awna.com

Services

PRIVATE MORTGAGE LENDER. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. 403-543-0927; www.firststandsecondmortgages.ca

Travel

OSOYOOS LAKESHORE VILLA: Executive lakeview villa in Osoyoos, BC, breathtaking lake and mountain views; just 3 minutes from town. Vacation in Canada's warmest destination. Or warmer weather, two luxurious 5-star resort units in Phoenix, Arizona. Doug 306-716-2671 or visit osoyooslakevilla.com



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Pat Hardy School photos



Grade 3 students from Pat Hardy Elementary School worked together to paint a snowplow for Ledcor. The students painted a sun and a snowman on the plow as part of the hands-on project.

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ANYTIME!
(24-7)

- Mental Health Helpline
1-877-303-2642
- Addiction Helpline
1-866-332-2322
- Health Link 811

Money Matters

One Canadian Dollar = 0.70 US Dollar
at an exchange rate of 0.707 (using nominal rate).



Dollar Values as of September 30, 2026

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